लोक सेवा आयोग

नेपाल स्वास्थ्य सेवा, सर्जरी समूह, किड्नी ट्रान्सप्लान्ट सर्जरी उपसमूह, नवौं (९) तह, कन्सल्टेन्ट किड्नी ट्रान्सप्लान्ट सर्जन पदको खुला तथा आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

II Paper: Technical subject

1. Embryology

- 1.1 Kidney
- 1.2 Ureter
- 1.3 Bladder
- 1.4 Male and Female Genitalia

2. **Anatomy**

- 2.1 Kidney
- 2.2 Ureter
- 2.3 Bladder
- 2.4 Retroperitoneum
- 2.5 Pancreas

3. **Physiology**

- 3.1 Kidney
- 3.2 Ureter
- 3.3 Bladder
- 4. Nephropathy: Aetiology and pathogenesis of different nephropathies
- 5. Pathophysiology of Renovascular Hypertension and Obstructive Uropathy
- Renal failure
 - 6.1 The aetiology, pathophysiology, diagnosis and treatment of acute renal failure
 - 6.2 The aetiology, pathophysiology, diagnosis and treatment of chronic renal failure
- 7. Neuromuscular dysfunction of lower urinary tract
- 8. Concept of Urinary Diversions
- 9. Renal replacement therapy / Plasma exchange / CRRT / Plasma reabsorption
- 10. Dialysis access
 - 10.1 Vascular access
 - 10.2 Peritoneal access
- 11. Role of radio-isotopes study in kidney diseases
- 12. Kidney transplantation
 - 12.1 History of kidney transplantation
 - 12.2 Indications for kidney transplantation, explain the different disease processes resulting in end-stage renal disease, and describe the treatment options.

13. Immunology

- 13.1 Basics of immunology
- 13.2 Immunosupressionrelated to transplantation
- 13.3 Drugs used in immunosuppression
 - 13.3.1 Cyclosporine
 - 13.3.2 Azathioprine and steroids
 - 13.3.3 Mycophenolate Mofetil
 - 13.3.4 Tacrolimus
 - 13.3.5 mTOR inhibitors
 - 13.3.6 Recent Immunosuppressant

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- 13.4 Immunology of graft rejection
 - 13.4.1 Innate immune response
 - 13.4.2 Adaptive immunity
 - 13.4.3 Effector immunity
- 13.5 Delayed graft function
- 13.6 Acute graft rejection
- 13.7 Chronic graft rejection
- 13.8 Clinical and laboratory markers of over- and under- immunosuppression.
- 14. Histocompatibilty in renal transplantation
 - 14.1 HLA matching
 - 14.2 Donor cross matching
 - 14.3 Strategy for sensitized patients management
- 15. Living donor kidney transplantation
 - 15.1 Advantages of living donor kidney transplantation
 - 15.2 Selection and evaluation of potential living kidney donors
 - 15.3 Living kidney donors with medical comorbidities
 - 15.4 Living donor nephrectomy: Open and laparoscopic
 - 15.5 Long term risks after living kidney donation
 - 15.6 Psychological impact of donor nephrectomy
 - 15.7 Legal and ethical dilemmas in living donor kidney transplantation
- 16. Transplantation in ABO incompatibility
- 17. Transplantation in MHC incompatibility
- 18. Expanded criteria donors, Paired exchange living donor kidney transplantation, Non directed living donor kidney transplantation
- 19. Preparation of kidney transplantation recipient
- 20. Surgical technique for renal transplantation
 - 20.1 Preparation of bed
 - 20.2 Bench surgery
 - 20.3 Revascularization and reconstruction of the urinary tract
 - 20.4 Transplantation in abnormal urinary bladder
- 21. Kidney Preservation
 - 21.1 Principles of cold storage preservation
 - 21.2 Clinically used solutions
 - 21.3 Hypothermic machine perfusion and normothermic perfusion
 - 21.4 Reperfusion injury
- 22. Brain death and cardiac death
 - 22.1 Donor criteria
 - 22.2 Care of deceased donor
 - 22.3 Physiology of brain death
 - 22.4 Clinical examination of brain dead donor and cardiac dead donor
 - 22.5 Management of potential donor
 - 22.6 Cadaveric nephrectomy
 - 22.7 Renal preservation in brain death donor

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- 23. Immediate Post Transplant Care after organ (Kidney & Pancreas) transplantation
 - 23.1 Immediate Post Transplant Management
 - 23.1.1 ICU management
 - 23.1.2 Surgical and Medical Complications
 - 23.1.3 Prophylactic Regimen
 - 23.1.4 Immunosuppression therapy
 - 23.2 Management of Acute Cellular Rejection and Antibody Mediated Rejection
 - 23.2.1 Management strategies of acute cellular rejection
 - 23.2.2 Management strategies of antibody medicated (humoral) rejection
 - 23.2.3 Acute Tubular Injury of the transplanted kidney
 - 23.3 Post-operative Patient Education
 - 23.3.1 Medication teaching
 - 23.3.2 Signs and symptoms of infection and rejection
 - 23.3.3 Monitoring for infection, rejection and changes in medical status
 - 23.3.4 Follow up care post discharge
- 24. Anesthesia for patients undergoing renal transplantation
- 25. Perioperative care of kidney recipient
- 26. Chronic allograft failure
 - 26.1 Pathophysiology of allograft damage
 - 26.2 Assessment of failing allograft
 - 26.3 Non-invasive diagnosis of chronic graft nephropathy
- 27. Complications after kidney transplantation
 - 27.1 Vascular and lymphatic complications
 - 27.2 Urological complications after kidney transplantation
 - 27.3 Infection
 - 27.4 Malignancy
 - 27.5 Neurological complications
- 28. Long term outcomes in kidney recipients and quality of life
- 29. Renal transplantation in children
 - 29.1 Access of transplantation
 - 29.2 Timing of transplantation
 - 29.3 Recurrence of primary disease
 - 29.4 Physical and sexual growth after kidney transplantation
- 30. Combined organ transplantation including Pancreas transplant
- 31. Human Organ Transplantation Act and other relevant regulations
- 32. Concept and practice of international rules and regulations on organ donation and transplantation
- 33. Ethics in organ transplantation and organ trafficking
- 34. WHO Surgical Checklist

पाठ्यक्रम लागु मितिः नेपाल स्वास्थ्य सेवा, सर्जरी समूह, किड्नी ट्रान्सप्लान्ट सर्जरी उपसमूह, नवौं तह, कन्सल्टेन्ट किड्नी ट्रान्सप्लान्ट सर्जन पदको आ.व. २०७७-७८ मा प्रकाशित विज्ञापन देखि लागू।
