नेपाल स्वास्थ्य सेवा, सर्जरी समूह, न्यूरोसर्जरी उपसमूह, एघारौँ (११) तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

Paper II: Technical subject

1. Basic Sciences

1.1. Anatomy

- 1.1.1. Anatomy of brain and spinal cord
- 1.1.2. Anatomy of scalp and skull
- 1.1.3. Anatomy of spine
- 1.1.4. Embryology of the nervous system
- 1.1.5. Classification of nervous system
- 1.1.6. Anatomy of cerebral arterial and venous system
- 1.1.7. Anatomy of the brachial plexus and peripheral nerves
- 1.1.8. Miscellaneous: Cerebellopontine angle anatomy; Occipito atlantoaxial complex anatomy; Internal Capsule anatomy; Cavernous sinus anatomy

1.2. Physiology

- 1.2.1. Physiology of CSF circulation
- 1.2.2. CSF in normal and pathological conditions
- 1.2.3. Pain mechanism
- 1.2.4. Concept of blood brain barrier, Cerebral blood flow, Cerebral perfusion and auto regulation

1.3. Pathology

- 1.3.1. Histopathological characteristics of brain tumors
- 1.3.2. Organisms implicated in the CNS infections
- 1.3.3. ICP- pathophysiology of increased ICP

1.4. Microbiology

- 1.4.1. Common CNS infections
- 1.4.2. Organisms in post-craniotomy infections
- 1.4.3. Shunt infections

1.5. Pharmacology

- 1.5.1. Pharmacokinetics of antiepileptic drugs (AEDs)
- 1.5.2. Dosage and side effects of AEDs.
- 1.5.3. Mannitol/hypertonic sodium chloride and steroids in neurosurgery
 - 1.5.4. Antibiotics in neurosurgery
 - 1.5.5. Analgesics in neurosurgery
 - 1.5.6. Muscle relaxants, sedatives and paralytics in neurosurgery
 - 1.5.7. Anticoagulants in neurosurgery

2. General Clinical Neurosurgery

- 2.1. History of neurosurgery and micro-neurosurgery
- 2.2. Fluid and electrolytes
- 2.3. Nutrition in neurosurgery
- 2.4. Neuro critical care
- 2.5. Preoperative and postoperative care

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- 2.6. Surgical exposure in neurosurgery
- 2.7. Phacomatosis
- 2.8. Fundamentals of basic Neuro anesthesia
- 2.9. Neuroradiology- imaging modalities and interpretation
- 2.10. Electroencephalogram (EEG), Transcranial Doppler (TCD) and Evoked potentials
- 2.11. Operating microscope
- 2.12. Seizures- classification, diagnosis and treatment
- 2.13. Brain death- diagnosis and implications
- 2.14. Use of Gamma knife in neurosurgery
- 2.15. Robotic surgery
- 2.16. Stem cells as applied to neurosurgery

3. Principles of Trauma Care

- 3.1. Pathophysiology of traumatic brain injury
- 3.2. Head Injury- Operative and non-operative management
 - 3.2.1. Traumatic intracranial hematomas
 - 3.2.2. Sequelae of head injury
 - 3.2.3. Vascular injuries of head
 - 3.2.4. Penetrating injuries of head
 - 3.2.5. CSF fistula
 - 3.2.6. Treatment of dural sinus injury
 - 3.2.7. Controversies in decompressive craniectomy
- 3.3. Spinal Injury- Operative and non-operative management
 - 3.3.1. High, mid and low cervical injuries
 - 3.3.2. Whiplash injuries
 - 3.3.3. Thoracic and lumbosacral injuries
 - 3.3.4. Instrumentation in spine
 - 3.3.5. Penetrating wounds of the spine
 - 3.3.6. Use of steroids in spinal injuries
- 3.4. Guidelines for management of neurotrauma
- 3.5. Recent advances in neurotrauma
- 3.6. Cellular basis of injury
- 3.7. ICP monitoring in cranial pathology

4. Cerebrovascular Surgery

- 4.1. Subarachnoid hemorrhage (SAH) -perioperative management
- 4.2. Principles of aneurysm and arteriovenous malformations (AVM) surgery
- 4.3. Recent advances in aneurysm obliteration (coil vs. clip) pros and cons of individual modalities and level of evidence
- 4.4. Newer modalities in endovascular treatment
- 4.5. Principle of stroke management
- 4.6. Spontaneous intracerebral hemorrhage (ICH) and intraspinal hemorrhage: principle of diagnosis and treatment
- 4.7. Carotid artery stenosis

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- 4.8. Principle and steps of carotid endarterectomy and common cerebral vascular bypass surgeries
- 4.9. Cavernous malformations- diagnosis and treatment
- 4.10. Spinal AVMs
- 4.11. Pregnancy and treatment of vascular disease
- 4.12. Medical management of stroke and cerebral ischemia
- 4.13. Cerebral protection
- 4.14. Cerebral venous sinus thrombosis- diagnosis and treatment

5. Neurosurgical Oncology

- 5.1. Investigations for brain tumors- primary and metastatic, benign and malignant
- 5.2. Surgery for brain tumors
- 5.3. Use of stereotaxy, neuronavigation and intraoperative MRI in tumor surgery
- 5.4. Phakomatosis
- 5.5. Principles of Chemo- and Radiotherapy and immunotherapy
- 5.6. Sellar and parasellar tumors
- 5.7. Orbital tumors
- 5.8. Clival and other skull base tumors
- 5.9. Scalp tumors
- 5.10. Spinal tumors (intra and extramedullary)
- 5.11. Recent advances in neuro-oncology
- 5.12. Pseudotumor cerebri

6. Pediatric Neurosurgery

- 6.1. Hydrocephalus, hydrancephaly, and porencephaly
- 6.2. Principle of intrauterine neurosurgery
- 6.3. Neural Tube Defects (NTD) cranial and spinal dysraphisms
- 6.4. Chiari malformations
- 6.5. Dandy Walker malformations (DWM)
- 6.6. Craniosynostosis
- 6.7. Arachnoid cysts
- 6.8. Antenatal diagnosis and treatment of congenital anomalies
- 6.9. Neonatal intracranial hemorrhage
- 6.10. Stroke in children, subdural effusion and hematomas
- 6.11. Pediatric brain tumor: classification, diagnosis and treatment

7. Surgery of the Peripheral Nervous System

- 7.1. Management of peripheral nerve injury
- 7.2. Carpal tunnel syndrome and other entrapment neuropathies
- 7.3. Brachial plexus injury
- 7.4. Principles of Electromyography/Nerve Conduction Studies (EMG/NCT)
- 7.5. Nerve anastomosis- principle and treatment

8. Spinal Surgery

8.1. General considerations and biomechanics of spine

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- 8.2. Disc herniations
- 8.3. Lateral recess syndrome
- 8.4. Syringomyelia
- 8.5. Spondylitic myelopathy
- 8.6. Degenerative disease of spine
- 8.7. Spinal exposures
- 8.8. Ossification of posterior longitudinal ligament (OPLL)
- 8.9. Tuberculosis of spine
- 8.10. Lumbar spondylolisthesis
- 8.11. Failed back syndrome
- 8.12. Scoliosis
- 8.13. Disc space infections
- 8.14. Rheumatoid arthritis of spine

9. Stereotactic and Functional Neurosurgery

- 9.1. Principles of stereotactic and functional neurosurgery
- 9.2. Surgical therapy of movement disorders and epilepsy
- 9.3. Neurosurgical aspect of epilepsy
- 9.4. Miscellaneous: Neurovascular decompression, Sympathectomy

10. Infections

- 10.1. Antimicrobial use
- 10.2. Acute bacterial infections
- 10.3. Parasitic and fungal infections
- 10.4. Brain, spinal and epidural abscesses
- 10.5. Subdural empyema
- 10.6. Investigation and management of post craniotomy fever
- 10.7. HIV related CNS infections
- 10.8. Granulomatous lesions
- 10.9. Infective thromboembolism of venous sinus and cortical veins

11. Pain

- 11.1. Management of craniofacial pain syndromes, post-herpetic, post-spinal injury, phantom limb pain and other complex regional pain syndromes
- 11.2. Operations for intractable pain
- 11.3. Transcutaneous electrical nerve stimulation (TENS)
- 11.4. Percutaneous spinal epidural stimulations
- 11.5. Deep brain stimulation (DBS)
- 11.6. Ablative procedures for pain
- 11.7. Stereotactic procedures in neurosurgery
- 11.8. Operations for trigeminal neuralgia, hemifacial spasm and glossopharyngeal neuralgia
- 11.9. Surgery for spasticity