लोक सेवा आयोग
नेपाल स्वास्थ्य सेवा, सबै समूह, सबै उपसमूह, एघारी (१५) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको लागि पाठ्यक्रम
एवं परीक्षा योजना

यस पाठ्यक्रम योजनालाई दुई चरणमा विभाजन गरिएको छँ:

प्रथम चरण :-- लिखित परीक्षा (Written Examination) पूर्णाङ्ग :-- २००
द्वितीय चरण :-- अन्तर्वार्ता (Interview) पूर्णाङ्ग :-- ३०

प्रथम चरण (First Phase) : लिखित परीक्षा योजना (Written Examination Scheme)

<table>
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<tr>
<th>Paper</th>
<th>Subject</th>
<th>Marks</th>
<th>Full Marks</th>
<th>Pass Marks</th>
<th>No. Questions &amp; Weightage</th>
<th>Time Allowed</th>
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<td>I</td>
<td>General Subject</td>
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<td>100</td>
<td>40</td>
<td>6×5 = 30 (Short answer)</td>
<td>3.00 hrs</td>
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<td>Part I: Management</td>
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<td>2×10 = 20 (Long answer)</td>
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<td></td>
<td>Part II: General Health Issues</td>
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<td>3×10 = 30 (Long answer)</td>
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<tr>
<td>II</td>
<td>Technical Subject</td>
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<td>2×20 = 40 (Problem Solving)</td>
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द्वितीय चरण (Second Phase)

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<tbody>
<tr>
<td></td>
<td>Interview</td>
<td>30</td>
<td>Oral</td>
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प्रश्नः

१. लिखित परीक्षाको माध्यम भाषा नेपाली वा अंग्रेजी अथवा नेपाली र अंग्रेजी दुबे हुन सक्नेछ ।
२. नेपाल स्वास्थ्य सेवा अन्तर्यंत्रका सबै समूह, सबै उपसमूहहरुको लागि प्रथम चरणको पाठ्यक्रमको विषयवस्तु एउटै हुनेछ । तर द्वितीय चरण Technical Subjectको पाठ्यक्रमसमूह/उपसमूहअनुरूप फरक फरक हुनेछ ।
३. प्रथम चरणको परीक्षा समूह/उपसमूहहरुको लागि सयुक्त रूपमा एउटै प्रश्नपत्राको एकेडिम बा छान्छछ छ प्रश्नपत्राको दिन पनि हुन सक्नेछ । यसैगरी द्वितीय चरणको परीक्षा पनि समूह/उपसमूह अनुसारजगा अन्य दिन छान्छछ प्रश्नपत्राको बाट हुनेछ ।
४. प्रथम चरणको Part I र Part II को लागि छान्छछ (Part I को लागि एउटा र Part II को लागि एउटा) उपर्युक्तकारण हुनेछ भने द्वितीय चरणको लागि प्रथम चरणको उत्तरपुस्तिकाको छान्छछ हुनेछ ।
५. यस पाठ्यक्रममा जसै सुचारु एवं तालिका पाठ्यक्रममा परेको ऐत, जिम्मेदार, परीक्षाको मिति भन्दा ३ महाना अघाडी (संशोधन भएका वा संशोधन भएका वा थप गरी संशोधन भएका वा कायम रहेका) लाई यस पाठ्यक्रममा परेको सम्भन्त पर्दछ ।
६. पाठ्यक्रम लागि मिति: २०७३/०३/०७

PSC/Page 1
Paper I: General Subject
(Management and General Health Issues)
Part I: Management

1. Management: - concept, principles, functions, scope, role, level and skills of managers
2. Hospital management
3. Primary health care service management
4. Private sector health institution its regulation and management
5. Health institution development and management
6. Health manpower recruitment and development
7. National health training system management
8. Participative management: concept, advantages and disadvantages, techniques of participation
9. Time management: concept, advantages, and disadvantages
10. Conflict management: concept, approaches to conflict, levels of conflict, causes of conflict and strategies for conflict management
11. Stress management: concept, causes and sources of stress, techniques of stress management
12. Change management: concept, sources of organizational changes, resistance to change, management of resistance to change
13. Appreciative inquiry: concept, basic principles and management
14. Financial management: concept, approaches, budget formulation and implementation, auditing and topics related to fiscal management
15. Human resource management: concept, functions and different aspects
16. Project management: concept, process, techniques and approaches
17. Planning: concept, principles, nature, types, instrument and steps; National planning system; MOH/DoHS planning system; Health planning at District level
18. Motivation: concept, theories of motivation, reason for low productivity, techniques of employee motivation
Part II: General Health Issues

1. Present Constitution of Nepal (Health and welfare issues)
2. National Health Policy, 2071
4. Health sector reform strategy
5. Health sector in current periodical plan
6. Health services act 2053, health service regulation, 2055
7. Organizational structure of Ministry of Health at National, Regional and District and Below
8. Health and human right including women’s right, children’s right, professional’s right, client right and informed consent
9. Gender issues and its address in overall health planning
10. Local governance and decentralization in health
11. International health agencies: role and responsibilities of WHO, UNICEF, UNFPA and interagency relationships
12. International health and different declarations
13. Professional council and related regulations
14. Medical ethics in general and its application
15. Continuous medical education
16. Indigenous and traditional faith healing and health practices
17. Supervision, types and its usage in health sector
18. Monitoring and evaluation system in health
19. Health management information system
20. Health insurance and financing in health care.
21. Environment and health: air pollution, domestic pollution, noise pollution
22. Importance of water, sanitation and hygiene in public health
23. Effects of Disaster in public health: deforestation, land slide, flood, earthquake and fire
24. Effects of Industrial hazards in health
25. Health Volunteers involvement in health service delivery
26. Community involvement in health service delivery
27. Social inclusion in health planning, human resource and services
28. Counseling: - concept, type, importance and its application in health service delivery