



; Dkfb slo

nf\$; jf cfof]un] ; do ; dodf k/lifdf vl6g] hgziQmf0{cledVls/Of sfoqmd dfrmf klzllft ub} cf0{x}f]5 . cfof]un] ; ~rfng ug]k/lifdf cfof]usf dfq hgziQm]gku}f]cj : ydf aflx/sf hgziQmf0{ k/lifdf ; fd]h u/f0 k/liff ; ~rfng u/fpb}cf0{x}f] 5 . cfof]usf]k/liffnf0{giklf / doflbt agfpg k/lifdf vl6g]hgziQm]cgllzllft xg'cTojZos 5 .

gk]nsf] ; ljwfg cg' f/ cfof]usf]lhDd}f/l j [4 eP ; w} ; /lff lgsfo / ; w]7t ; #yfsf]k/liff ; ~rfng ug]sfo{ ; d} cfof]usf]sfwdf cPsf]5 . Ps}k6s lj leGg k/liffx? ; ~rfng ubf{cfof]usf hgziQm]dfq gku} aflx/af6 hgziQm ; d} klxrfng ug]kg]xG5 . o ; /l k/lifdf v6f0Psf hgziQm]klzllft gxbf k/liff ; ~rfngsf]klqmfdf kl/kSj xg g ; Sg]cj : yfnf0{ Xbowd u/l k/liffnf0{ doflbt, lgiklf / ; /n tl/sfaf6 ; DkGg ug]sf nflu o: t]tflnd sfoqmd kfj sf/l xg klug]ck]ff ug{ ; lSg5 . cfof]u aflx/sf hgziQmf0{ ; d} k/lifdf v6f0Psf o ; n] cfof]usf] lgiklft / o ; kltsf]hgljZjf ; yk j [4 xg]ck]ff ; d} ul/Psf]5 .

of]otf, lgiklft / t6:ytf g}cfof]usf]dh p2}o xf]. o: tf sfoqmdn]cfof]usf]dh dd}nf0{cftd; ft u/l k/liff k}ffnlnf0{r' t, b?: t / kf/bzl{agfpg yk ; xof]u klug]ck]ff ug{ ; lSg5 . o ; af6 ; du] cfof]usf] ; fv clej [4 e0{k/liff sfoqmd doflbt / lzi6 agfpg yk ; xof]u klug]ck]ff ul/Psf]5 .

cfof]usf]yk sfo{f]q ; u}cfof]usf]ljZj ; lgotfaf6 kl]t: kwl{ pDd}bjf/x}sf] ; /sf/l ; jf k}z}sf nflu cfsif}of al9/x}f]b]vG5 . jif}gl b/vf: t lbg] pDd}bjf/sf]a9}nf]tYof°n]o ; sf]kli6 ul//x}f]5 . kl/liffy{x}sf] ; vof j 9] u}cfof]un]kl/liffsb}x}sf] ; vof / ; f]sb}x}df vl6g]hgziQm ; d} oyf ; vofdf kl/rfng ug]kg]kl/k}odf cledVls/Ofaf6 klzllft hgziQm]cfof]usf]k/liff ; #fng ; DaGwl sfoqf k]olf ; xof]u k}ofpg]s/fdf ljZj : t xg ; lSg5 .

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cledVls/Of sfoqmd

nf\$; jf cfof]uaf6 ; ~rfng xg]lnlvt k/lifdf vl6g] hgziQmf0{@}&% krfug (, !! / !(ut]qmdzll @&*, #^@ / #!& hgf u/l (& hgfnf0{nf\$; jf cfof]u sf7df8f} sfof]on]cledVls/Of lzllf k}f]g u/}f]5 .

cfof]usf dfgglo ; b:o j}bf xf8fn]pQm sfoqmdsf]pb3f6g ug{x}nf\$; jf cfof]uaf6 ; ~rfng xg] k/liffnf0{ : jR5, doflbt agfpg k/lifdf vl6g]hgziQm]sf]eldsf dxTj kOf{/xg] tyf cfof]u kltsf]hgljZjf ; sfod /Vg cfof]uaf6 ; ~rfng xg]k/liff nufotsf ultljwdf ; #lg xg]kblwsl/L, sd}f/l ; ah] ; hu / Od}bf / /xg' kg]ljrf/ JoQm ug{ePsf]lyof].

sfoqmdf cfof]usf ; lrj >l dx}bk} ; fb u/fuf0}cfof]uaf6 ; ~rfng xg] k/lifdf vl6g] hgziQm]sf]eldsf tyf cledVls/Of sfoqmdsf]dxTjaf/]k}sfz kfg{ePsf]lyof].

; lfdtf klxrfg sfoqfnf

lg hfdt ; jfsf]nflu cfjZos of]o sd}f/lx? 5gf} ug{/ cfof]usf]k/liff k}ffnlnf0{cemj : tlg7, j}flgs tyf ; do ; fk]f agf}b} n}hfg] p2}o cg?k nf\$; jf cfof]un]lj ut jifx? b]v lj leGg k}sf/sf]gljgtd k/liff ljwx?sf]cjn]jg ub}cfPsf] ; Gb}df oxl @)&:-!@:~!% / !^ ut]k}z g+! sf]lj/f6gu/df / ldt @)&:-!@:~!* / !(ut]k}z g+@ sf]hgsk/df ; lfdtf klxrfg sfoqfnf (Competency Mapping Workshop) sf] cfof]hgf ul/Psf]lyof].

ldt @)&:-!@:~!% / !^ ut]lj/f6gu/df cfof]usf dfgglo ; b:o >l czf\$ sdf/ emsf] clwlftdf sfoqmd ; DkGg ePsf]lyof]. sfoqmdsf]klxnf]lbg k}dv lhNnf clwsf/l ; lxt ; #lo tyf k}z : t/sf sfof]ox}df sfo{t pk ; lrj tyf clws}t:t/sf sd}f/lx}sf]pkl:ylt /x}f]lyof].

To ; u/l k}z g+@ sf]hgsk/df ldt @)&:-!@:~!* / !(ut] cfof]hgf ul/Psf]zvf clws}t jf ; f] ; /x kbsf] ; lfdtf klxrfg sfoqfnf sfoqmdsf]klxnf]lbg @)&:-!@:~!* ut] cfof]usf dfgglo clwl} >l pd}z k} ; fb d}fnl sf]clwlftdf / bf]f]lbg cfof]usf dfgglo ; b:o >l czf\$ sdf/ em sf] clwlftdf sfoqmd ; DkGg ePsf]lyof].

pQm b} }sfoqmdf clws}t : t/sf]kbn]b]gs sfof]odf ug]kg]sfo{x? s]s:tf xG5g) tl sfo{ ; DkGg ug]sf]nflu s] s:tf lqmfnsf]kx? ug]kg]xG5, tl sfo{f k}dv pkn]lwx? s]s]xg) sfo{ ; Dkfbg ug]qmdf c}pg]jfwf Jojwfgx? s] s:tf xG5g) / tl cj/f]wx?nf0{s ; /l Gols/Of ug{ ; lSg5 nufotsf]ljifodf ; xefulx?n] pN}y ul / ; fd]xs ?kdf 5nkm / k}t]ts/Of ul/Psf]lyof].



cfly\$ jif{@}&%-)&^ sf]t] f]qðfl; s cjlwsf]sfo{ Dkfbg cj :yf

!=cfof]usf a7s / lg0f6

cfly\$ jif{@}&%-)&^ sf]t] f]qðfl; s cjlwdf @# k6s a7s a; l cfof]un]bxf0 cg; f/ sh ^^ j6f lg0f6x? u/\$f]5 .

lg0f6sf]l]ifo	lg0f6 ; Vof
ljefulo ; hfosf]k/fdz{	१४
a9jf ; Da6wl	०
gllt-lgod ; Da6wl	२५
k/Llff, cGtjff{/ glthf	३
z]lfs of]otf	०
kf7bqmd tyf dNof°g	२
; /lff lgsfo tyf ; #7t ; #yf	२०
ljljw	२
hDdf	६६

@= kf7bqmd lgdf0f tyf kl/dfhg

tn pNn] ul/Psf ; jf, ; dX, pk; dX, >0fl / txsf kbx?sf]kf7bqmd bxfosf]ldltcf cfof]uaf6 kl/dfhg ePsf 5gl . o; cjlwdf sg}klg gof kf7bqmd lgdf0f ePsf]5g .

kf7bqmd kl/dfhg

qm#; #	kb	>0fl=tx	;jf	;dX / pk; dX	lg0f6 ldt	nfu"xg]ldlt	s]knot
१.	zlvf clwst jf ; f] ; /x	/fk=t]tlo	g]kfn k//fi6*k]zf; g=n]yfk/Llff0f; ; #b		@)&%:!)=-@	@)&%:!)=-@	g]kfn k//fi6; jf afx\$ g]kfn k]zf; g=n]yfk/Llff0f ; ; #b ; j]sf]k/Llff of]hg c]tu\$ rty{kq yk ul/Psf] .

#= kbkl't\$sf nflu dfu / k]tzt lgwf{0f

o; cjlwdf kbkl't\$sf nflu bxf0 cg; f/ dfu ; sng / k]tzt lgwf{0f ul/Psf]5 .

qm#; #	>0fl=tx	dfu ; sng	k]tzt lgwf{0f
!=	/f= k= kyd	४	४
@=	/f= k= l]tlo	१५	१५
#=	/f= k= t]tlo	१६	१६
\$=	/f= k= cg=l]tlo	२७९	२७९
	hDdf	३१४	३१४

\$= lj 1fkg k\$zfg

संशोधित वार्षिक कार्यतालिका अनुसार फागुन महिनाको अन्तिम बुधवार रा.प.अनं. द्वितीय श्रेणी (अप्राविधिक) का पदको विज्ञापन प्रकाशन भएको छ । त्यस्तै सामान्य प्रशासन मन्त्रालयको च.नं. ५५९ मिति २०७५/१२/१० को पत्रबाट नेपाल परराष्ट्र सेवाको राजपत्रांकित प्रथम, द्वितीय र तृतीय श्रेणीका पदहरु तथा स्वास्थ्य तथा जनसंख्या मन्त्रालयको च.नं. ७/६३०५ मिति २०७५/१२/२४ को पत्रबाट स्वास्थ्य सेवाको नवौं तहका नयाँ सृजना भएको पदहरुको प्रकाशित विज्ञापन संख्या र विज्ञापित पद संख्या यस प्रकार रहेको छ ।



>Պլ:tx	a9jftkm		cf-k/ vhfkm		sh hDdf	
	lj 1fkg ; Wof	kb ; Wof	lj 1fkg ; Wof	kb ; Wof	lj 1fkg ; Wof	kb ; Wof
/f= k= klyd	2	3	9	9	3	4
/f= k= latlo	4	6	6	5	99	94
/f= k= ttlo	9	4	4	99	4	96
/f= k= cg+latlo	26	26	64	242	902	269
hDdf	34	42	59	262	929	394

%= b/vf: t ; \$ng

a9jftkm

o; cj lwdf h]7tf / sfo{Dkfbg dNof°gaf6 xg] a9jftkm tyf sfo{fdtfsf] dNof°gaf6 xg] a9jftkm(b)fo cg! f/ sh #@ j6f b/vf:t km/fdx? ; \$ng ePsf 5gl.

qm; ≠	>Պլ:tx÷; jf÷; dx	h]7tf / sfo{Dkfbg	sfo{fdtfsf] dNofsg	s]knot
!=	/f= k= klyd	!	!	
@=	/f= k= ttlo	#))	ldlt @)&%-!)÷!\$ b]v @)&%-!@-!* ; Dd ; jf]r cbintaf6 k]kt pTk]off cfbz cg! f/ k]kt xg cfPsf GofO ; j]f sfgg ; dxsf /f#t]tlo >Պլ zfvf clws]t jf ; f] ; /x kbsf]#) yfg a9jft kmOn ; d] .
	hDdf	#!	!	

cf-k, vhf / ; dfj z]tkm

cfof]sf]cgnfOg b/vf:t k]ffnl dfkm sh !, @, #, &() b/vf:t k]kt ePsf 5gl. h; d]w]k]lj lwstkm(lj 1fkg g)k]sfzg gePsf sf/Of sg)b/vf:t ; \$ng ePsf]b]vPg eg]ck]lj lwstkm(!, @, #, &()) j6f b/vf:t ; \$ng ePsf 5gl. k]kt b/vf:tsf] >Պլ:tx cg! f/sf]lj/Of tnsf] tflnsdf k]t't ul/Psf]5 .

qm; ≠	>Պլ:tx	dlxf	k?if	hDdf
!=	/f= k= klyd	0	2	2
@=	/f= k= latlo	2	90	92
#=	/f= k= ttlo	996	962	255
\$=	/f= k= cg+klyd	29696	29960	45566
%=	/f= k= cg+latlo	32896	32924	68629
	hDdf	62399	69869	923690

IhNnfut ljj/Of

p]d]b]f/sf] :yfol 7]ufgdf pNn]vt IhNnfsf cfwf/df k]kt b/vf:tx? lj Zn]fOf ubf{o; cj lwdf ; nfxl ; kt/L / dx]Q/L IhNnfaf6 ; a}eGbf a9l tyf d:tf^a, dgf^a / /; jfaf6; a}eGbf sd b/vf:t k]kt ePsf]b]vG5 . b/vf:tsf]IhNnfut ljj/Of tnsf] tflnsdf pNn]y ul/Psf]5 .

IhNnf	dlxf	k?if	hDdf
; nfxl	9500	4803	6262
; kt/L	9465	3863	4039
dx]Q/L	9626	3064	4692
af/f	9402	3965	4650
l; /xf	9868	3985	4692

IhNnf	dlxf	k?if	hDdf
wg]ff	9446	3905	4464
/f]x6	9388	3029	4368
uNdl	2406	9966	3663
s]h]nl	9963	9606	3460
k; f{	9006	2926	3933



IhNnf	dlxf	k?if	hDdf
df]a	9529	9265	3094
; g; /l	9899	9388	2963
: of ^a hf	9549	588	2902
emkf	9478	9085	2622
s-rgk/	9604	588	2889
bf ^a	9888	925	2393
vf ^a	9983	995	2989
alb ^a	9929	939	2045
?k{b}xl	9066	940	2094
kfnkf	9892	493	2004
cvf/vfrl	9942	988	9596
pbok/	9099	586	9564
; v ^f	9029	992	9529
dsjfgk/	9346	390	9926
b}h}v	650	9024	9904
Onfd	9063	426	9459
slknj: t'	460	9000	9460
wgs ^a	944	439	9892
kj ^f	909	499	9853
?sd	509	665	9895
jfln ^a	992	405	9800
l; Gwhl	949	699	9396
hDnf	369	9000	9369
aerf ^a	883	923	9366
sf7df8f}	9063	253	9386
af{s}	699	669	9335
; Nofg	420	998	9298
ko7fg	939	488	9258
ef}hk/	990	899	9269
sfe}knf-rf}	549	398	9990
uf}vf	990	309	9900
/f}kf	642	834	9059
hfh/sf}	399	909	9056
/fd}fk	990	396	9056
a}8l	862	603	9064
sf: sl	993	252	9044
cf}yn9: f	909	385	9089
; v}f; ef	459	845	9084
gnk/f; l	620	362	952
lrtjg	904	246	969

IhNnf	dlxf	k?if	hDdf
wflb ^a	699	299	985
tgxf	996	230	986
c5fd	284	699	936
bfr}f	409	395	906
kfr}y/	842	338	954
b}h}v	894	243	925
l; Gwknfrf}	499	995	998
gjfsf}	895	228	902
?sd -klzrd_	364	299	662
sflnsf}	954	846	689
nDh ^a	869	945	699
; f}h}vda'	890	995	605
88}hw/f	320	299	499
eQnk/	829	949	459
nlnk/	804	990	496
gnk/f; l -klzrd_	299	234	426
t}k}y	394	998	409
t}k}h ^a	298	950	844
8f}l	224	224	840
afh/f	989	296	883
xDnf	98	299	343
du'	55	954	298
Dofubl	948	59	283
8f}kf	64	984	290
/; jf	89	39	50
dga ^a	94	9	22
d: tf ^a	5	2	90
hDdf	62399	69899	923990

hflttut cfwf/df

hfltt	dlxf	k?if	hDdf
af}xdo	20469	92999	33432
lf}l	9694	9090	96644
yf?	8693	8925	9809
ofbj	2229	6800	5629
du/	8494	2696	9999
/fo{	2998	9489	8269
sfo: y	9983	9889	3390
t}hl	9088	2939	3953



hflt	dlxnf	k?if	hDdf
sf0/l	୭୧୧	୨୧୧୭	୨୧୧୬
g]f/	୧୧୦୧	୧୭୧	୨୮୮୦
sfdl	୧୧୬୧	୧୩୬୭	୨୫୨୮
tfd.	୧୫୩୬	୧୪୦	୨୪୭୬
7s/l	୧୧୨	୭୮୨	୧୬୧୪
lnDa'	୧୦୩୨	୫୭୪	୧୬୦୬
wfg's	୩୨୧	୧୦୦୭	୧୩୨୮
dl:nd	୨୧୪	୧୦୧୦	୧୩୦୪
; fsl{	୫୬୩	୫୪୦	୧୧୦୩
bdf0{	୪୧୧	୫୨୮	୧୦୨୭
aflgof	୩୧୮	୬୪୧	୧୫୧
u?.	୬୬୦	୨୬୫	୧୨୫
snj f/	୪୦୦	୪୧୬	୮୧୬
sdl{	୧୬୦	୭୨୧	୮୮୧
rdf/÷/fd÷xl/hg	୮୧	୭୮୬	୮୬୭
; 9l	୨୫୧	୫୮୭	୮୩୮
sfg"	୧୧୨	୫୪୨	୭୩୪
tTdf	୮୪	୫୭୪	୬୫୮
nf]k/	୧୨୮	୪୧୬	୬୨୪
b'; fb=kf; l= kf; j fg	୬୫	୫୪୭	୬୧୨
sDxf/	୭୨	୪୫୧	୫୨୩
a/f0	୧୧୫	୩୮୫	୫୦୦
; f]f/	୧୩୨	୩୩୪	୪୬୬
s]6	୧୫୧	୩୦୩	୪୬୨
xhfd÷7fs/	୧୧	୩୫୧	୪୫୦
dNn	୧୩	୩୪୬	୪୩୧
wf]l	୭୬	୩୬୨	୪୩୮
bg] f/	୨୦୫	୨୨୮	୪୩୩
3tl{eh]h	୨୪୦	୧୪୦	୩୮୦
/fhk't	୧୭୩	୨୦୩	୩୭୬
sdfn	୧୨୬	୨୦୧	୩୨୭
/fhj zl	୧୫୪	୧୬୮	୩୨୨
xn] f0{	୧୧	୨୨୫	୩୧୬
v]j]	୨୮	୨୮୨	୩୧୦
; Gof; l	୧୮୧	୧୧	୨୮୦
; g] f/	୧୬୪	୧୦୪	୨୬୮
dfenl	୧୩୦	୧୨୮	୨୫୮
e]8of/÷38]l/	୭୦	୧୪୭	୨୧୭
afbl	୩୮	୧୪୦	୧୭୮

hflt	dlxnf	k?if	hDdf
gbf0	୩୩	୧୩୪	୧୬୭
z]k{	୮୬	୬୦	୧୪୬
uguf0{	୩୧	୧୫	୧୩୪
tfhkl/of	୩୨	୭୭	୧୦୧
sxf/	୨୪	୮୪	୧୦୮
ef]]	୬୧	୨୬	୮୭
l; sdl{	୩୩	୪୭	୮୦
ofSvf	୪୭	୩୨	୭୧
9fh]l	୨୩	୪୦	୬୩
/fhaf]w	୧୫	୪୫	୬୦
d'; x/	୧୨	୪୫	୫୭
dfnl	୧୦	୪୬	୫୬
lwdfn	୨୧	୨୬	୫୫
lk5l8Psf]j u{	୩୭	୧୪	୫୧
a/fd'	୩୪	୧୨	୪୬
/fhj]l/	୧୧	୩୨	୪୩
; Gyn÷; tf/	୧୬	୨୪	୪୦
5]t]h	୨୧	୧୦	୩୧
aufnl	୮	୩୧	୩୧
kx/l	୨୭	୧୨	୩୧
aff]t] f	୧୫	୨୩	୩୮
nf]w	୧୪	୨୨	୩୬
Jof; l	୭	୨୬	୩୩
yfdl	୩୧	୧	୩୨
lj uf÷lj 08f		୩୧	୩୧
8f]]	୧୧	୧୧	୩୦
b/f	୨୫	୪	୨୧
ysfnl	୧୮	୧	୨୭
r]k]. ÷k]hf	୧୩	୧୩	୨୬
sfd/	୩	୨୩	୨୬
df/j f8l	୧୧	୧୦	୨୧
wlgof	୬	୧୩	୧୧
wf]u8÷enf]u8		୧୪	୧୪
/fp6]]		୧୨	୧୨
/fhl	୫	୬	୧୧
h]g	୨	୭	୧
xfo'	୪	୪	୮
d]]	୧	୬	୭
wof. f		୭	୭



hflt	dlxf	k?if	hDdf
d08f	२	३	५
x0fNdf]	५		५
xnvf]		५	५
jfn'	३		३
/flgof/		२	२
lh/h		२	२
ls; fg		२	२
n]rf		२	२
sf]	२		२

hflt	dlxf	k?if	hDdf
uf0g]		२	२
zdf{		२	२
a8'		१	१
af]	१		१
k-hf]L:l; v		१	१
srl8of bg]f/		१	१
c6o	५२९	१२३२	१७६१
hDdf	६२३११	६१४७९	१२३७९०

kp]z ut ljj/Of

pDd]bjf/sf]: yfol 7]f]gdf pNn]vt lhNnfsf cfwf/df k]t b/vf:tx? kp]z ut l]Zn]f]of ubf{kp]z g=# df :yfol a; f]f; ug] ; a}e6bf a9L / kp]z g=#^ df :yfol a; f]f; ug]; a}e6bf sd JolQm]b/vf:t krf/fd e/]sf]kfOPsf]5 .

kp]z	dlxf	k?if	hDdf
kp]z g=#!	१२५०९	८७७०	२१२७९
kp]z g=#@	११९३८	२५५२०	३७४५८
kp]z g=##	८४६५	३५३६	१२००१
kp]z g=#\$	८७०६	३८६१	१२५६७
kp]z g=#%	११५४३	९०३८	२०५८१
kp]z g=#^	३१५९	४६०८	७७६७
kp]z g=#&	५९९१	६१४६	१२१३७
hDdf	६२३११	६१४७९	१२३७९०

cfk, vhf tyf ; dfj]zldf ; slnt b/vf:t cj:yf

o; cj]wdf cftl/s, vhf tyf ; dfj]z] kbX?df k/]sf]b/vf:tsf]ljj/Ofsf]cj:yf o; k]sf/ /x]sf]5 .

k]t:kwf]sf]sl;d	dlxf	k?if	hDdf
cftl/s k]t:kwf{	३५	१८९	२२४
vhf	२६९३१	३९८७८	६६८०९
; dfj]z]			
dlxf	२६५२५	१६९	२६६९४
cflbjf; l:hghftl	५१७८	६१६१	११३३९
dw]z]	२५३८	११२०४	१३७४२
blnt	७४९	२०४३	२७९२
ckf.	१६३	८०२	९६५
lk5l8Psf] lf]	१९२	१०३३	१२२५
hDdf	६२३११	६१४७९	१२३७९०



^= Inlvt k/Llff ; ~rfng

o; q8f]l; s cj lwdf Inlvt k/Llff ; ~rfng ePsf]lj 1fkg ; Vof o; k3f/ /x3f]5 .

>0fl÷tx	Inlvt k/Llff ; DkGg ePsf]lj 1fkg ; Vof		hDdf
	ckflj lws	kflj lws	
/f= k= klyd	७	०	७
/f= k= lâtlo	१६	०	१६
/f= k= t[tlô	१३	१	१४
/f= k= cg+klyd	३६	०	३६
/f= k= cg+lâtlo	०	०	०
>0fl lj l xg	०	०	०
hDdf	७२	१	७३

dfly pNn]lvt lj 1fkgSf nflu ; ~rfInt Inlvt k/Llffdf >0fl÷tx cfwf/df Inlvt k/Llffdf ; lDdInt k/Llffyl{; Vof ; DaGwl lj j /Of o; k3f/ /x3f]5 .

>0fl÷tx	Inlvt k/Llffdf ; lDdInt k/Llffyl{; Vof		hDdf
	dlxnf	k?if	
/f= k= klyd	३९	८१	१२०
/f= k= lâtlo	८३	१९८	२८१
/f= k= t[tlô	३१०७	५१७६	८२८३
/f= k= cg+klyd	११९३५	१६९९७	२८९३२
/f= k= cg+lâtlo	०	०	०
>0fl lj l xg	०	०	०
hDdf	१५१६४	२२४५२	३७६१६

nf3 ; Jf cf0fl]sf sf0ffox?dfdf ; ~rfng ePsf]Inlvt k/Llffdf ; lDdInt k/Llffyl{; Vof ; DaGwl lj j /Of o; k3f/ /x3f]5 .

sf0ffo	Inlvt k/Llffdf ; lDdInt k/Llffyl{; Vof		hDdf
	dlxnf	k?if	
लोक सेवा आयोग, केन्द्रीय कार्यालय	१२८	२८८	४१६
लोक सेवा आयोग, धनकुटा कार्यालय	१०५१	१३९७	२४४८
लोक सेवा आयोग, जलेश्वर कार्यालय	१४७३	३९७४	५४४७
लोक सेवा आयोग, काठमाडौं कार्यालय	८१८१	१०५१४	१८६९५
लोक सेवा आयोग, पोखरा कार्यालय	५२०	५७०	१०९०
लोक सेवा आयोग, वुटवल कार्यालय	१००१	१२६४	२२६५
लोक सेवा आयोग, सुर्खेत कार्यालय	५७९	९५०	१५२९
लोक सेवा आयोग, दिपायल कार्यालय	१०५	२४५	३५०
लोक सेवा आयोग, इलाम कार्यालय	३५४	४२७	७८१
लोक सेवा आयोग, खोटा- कार्यालय	१००	१८४	२८४
लोक सेवा आयोग, हेटौडा कार्यालय	६८१	१२२८	१९०९
लोक सेवा आयोग, वाग्लु- कार्यालय	९५	११०	२०५
लोक सेवा आयोग, दा- कार्यालय	३४७	५०७	८५४
लोक सेवा आयोग, जुम्ला कार्यालय	१३	८६	९९
लोक सेवा आयोग, महेन्द्रनगर कार्यालय	५३६	७०८	१२४४
hDdf	१५१६४	२२४५२	३७६१६



&= Inlvt k/liff glthf tof/l

o; cj lwdf sh @# j6f lj 1fkgsf nflu !(^ blf=:lj 1 dg;og ul/Psf]5 . h; sf]lj :t; lj j/Of tnsf] tflnsdf k;t't ul/Psf] 5 eg]o; cj lwdf sh #*,&#(pQ/kl:tsf k/liff ePsf 5gl . h; sf]jul;t lj j/Of tnsf] tflnsdf k;t't ul/Psf] 5 .

qm; ;	lj j/Of	ckflj lws	kflj lws	hDdf
!=	lj ifout	६१२८	—	१५.८२
@=	OMR Sheet	३२६११	—	८४.१८
#=	j : tut	—	—	—
hDdf		३८७३९	—	१००.००

***=cGtjfff{tyf l; kmfl/;**

cGtjfff{f]nflu 5gf;

>Qfl÷tx	cGtjfff{f] nflu 5gf; ePsf pDd;f/ ; Wof		
	dlxnf	k?if	hDdf
/f= k= klyd	४	१९	२३
/f= k= låtlo	५३	८७	१४०
/f= k= t;tlo	०	०	०
/f= k= cg+klyd	०	०	०
/f= k= cg+låtlo	०	०	०
>Qfl lj l;g	०	०	०
hDdf	५७	१०६	१६३

l; kmfl/; ; Da6wl lj j/Of

5gf; ePsf pDd;f/sf]cGtjfff{; d;sf cfwf/df b;fo cg' f/ pDd;f/ l; kmfl/; ePsf 5gl .

>Qfl÷tx	l; kmfl/; ePsf pDd;f/ ; Wof		
	dlxnf	k?if	hDdf
/f= k= klyd	१	७	८
/f= k= låtlo	०	०	०
/f= k= t;tlo	०	०	०
/f= k= cg+klyd	०	०	०
/f= k= cg+låtlo	०	०	०
>Qfl lj l;g	०	०	०
hDdf	१	७	८

lj 1fkg b;lv l; kmfl/; ; Ddsf]lj :t; lj j/Of

o; q;fl; s cj lwdf lj 1fkg b;lv l; kmfl/; ; Ddsf]>Qfl÷tx cg' f/sf] ; Wof]ds lj j/Of tnsf] tflnsdf k;t't ul/Psf] 5 .

>Qfl÷tx	lj 1fkt kb ; Wof				; sng ePsf] b/vf: t ; Wof			Inlvt k/liffdf ; lDdInt k/liffyl{; Wof			cGtjfff{f] nflu 5gf; ePsf pDd;f/ ; Wof			l; kmfl/; ePsf pDd;f/ ; Wof			j;Slnks l; kmfl/; ePsf pDd;f/ ; Wof		
	ckf=	kf=	ckf=	kf=	dlxnf	k?if	hDdf	dlxnf	k?if	hDdf	dlxnf	k?if	hDdf	dlxnf	k?if	hDdf			
/f= k= klyd	४	०	०	०	३९	८१	१२०	४	१९	२३	१	७	८	०	०	०			



>Qfl=tx	lj 1fikt kb ; Wof				; sng ePsf] b/vf: t ; Wof			Inlvt k/Llffdf ; lDdInt k/Llffyl[; Wof			cGtjfff[nflu 5gf[ePsf pDd[]f/ ; Wof			l ; knfl/ ; ePsf pDd[]f/ ; Wof			j \$lMks l ; knfl/ ; ePsf pDd[]f/ ; Wof		
	ckf=	kf=	ckf=	kf=	dlxnf	k?if	hDdf	dlxnf	k?if	hDdf	dlxnf	k?if	hDdf	dlxnf	k?if	hDdf			
/fk= lätlo	0	0	0	0	23	99	229	23	29	980	0	0	0	0	9	9			
/fk= ttlo	96	0	0	0	3909	2966	2223	0	0	0	0	0	0	0	2	2			
/fk=eg+klyd	0	0	0	0	9922	9699	2222	0	0	0	0	0	0	9	6	9			
/fk=eg=lätlo	299	0	0	0	0	0	0	0	0	0	0	0	0	4	2	92			
>Qfl lj xg	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9	9			
hDdf	306	2	0	0	9296	2222	3969	29	906	962	9	9	2	2	92	23			

(= ; /lff lgsfo tyf ; ul7t ; :yf

kbklt[nflu ; xdl t k[]fg ul/Psf kbx?sf]lj j/Of

o ; q[]f ; s cjlwdf ljle[]g kbsf nflu lj 1fkg k[]szg ug[] ; xdl t k[]fg ul/Psf ; /lff lgsfo / ; ul7t ; :yf o ; k[]sf / x[]sf 5g[] .

qm[] ; =	; /lff lgsfo tyf ; ul7t ; :yfsf] gfd	; xdl t k[]fg ul/Psf hDdf kb		txut jul[]/Of		
		a9]faf6 kl't(xg]	Inlvt k/Llffaf6 kl't(xg]	clws[]:t/	; xfos:t/	>Qfl lj xlg
!=	l ; []P ; P08 lSnol/a Inld6[]	92	99	23	6	-
@=	jlkl= sf[]/fnf d[]f/on Sof[] ; / c:ktfn	32	22	40	20	-
#=	gkfnl ; []f	-	2296	909	2226	230
\$=	gkfn :6s PS ; r}h Inld6[]	90	90	20	-	-
%=	gkfn k[]/L	-	9229	29	904	9222
^=	gkfn jfo ;]f lgud	962	296	222	936	-
&=	zlx b uafnfn /fli60 xpo s[]b[]	23	93	29	92	-
*=	; z:q k[]/L an gkfn	9	3322	-	32	3299
(=	sdf/l ; ~ro sfj	49	29	93	9	-
!)=	/fli60 cg' Gwfg ljefu	-	22	30	22	-
!!=	cf[]lus lf[] Joj :yfk g Inld6[]	93	92	90	29	-
!@=	/fli60 jflOfHo a[]	399	239	422	649	-
!#=	gkfn k[]z ; lgs k[]zlfOf k[]ti7fg	9	93	96	4	-
	hDdf	626	9229	9920	9360	4949

Inlvt k/Llffdf ; lDdInt k/Llffyl[]lj j/Of

o ; q[]f ; s cjlwdf cfo[]af6 ljle[]g * j6f lgsfosf ljle[]g kbx?sf] Inlvt k/Llff ; -rfng ePsf] 5 . pQm k/Llffx?df ; lDdInt k/Llffyl[]lgsfout lj j/Of tn tflnsdf pNn[] ul/Psf] 5 .

qm[] ; =	; /lff lgsfo tyf ; ul7t ; :yfsf] gfd	Inlvt k/Llffaf6 ; lDdInt pDd[]f/sf] ; Wof		
		dlxnf	k?if	hDdf
!=	gkfn a[] Inld6[]	299	930	9229
@=	gkfn /fi60 a[]	996	9602	2392
#=	sf7df8f]pkTosf lj sf ; kflws/Of	9932	3322	2320



qm#; #	; /lff lgsfo tyf ; u7t ; #yfsf]gfd	Inlvt k/Llffaf6 ; lDdnt pDd]j f/sf]; Vof		
		dlxnf	k?if	hDdf
\$=	aldf ; ldt	96	34	49
%=	/fli6o aldf ; #yfg	299	440	746
=	g]kfn ko6g tyf xf6n Joj :yfk g k]ti7fg	73	75	949
&=	g]kfn vfB ; #yfg	3362	3649	7029
*=	gful/s p88og k]zlf0f k]ti7fg	-	980	980
hDdf		7223	9003	97306

Inlvt glthf tof/L ; Da6wl ljj /Of

o; cjlwdf sh !@! j6f lj 1fkgsf nflu &!& blf-lj 1 dgf6og ul/Psf] 5 . To:t} o; cjlwdf sh !,\$@,(** pQ/kl:tsf k/Llfof ePsf 5g). h; sf]jul\$[t ljj /Of tnsf] tflnsdf k]:tt ul/Psf] 5 .

qm#; #	ljj /Of	; Vof	hDdf -k]tzt_
!=	lj ifout	92364	68.60
@=	OMR Sheet	24906	95.96
#=	j :tut	28680	99.28
hDdf		982955	900.00

Inlvt k/Llffsf]glthf ; Da6wl ljj /Of

o; cjlwdf ; #flnt Inlvt k/Llff?af6b]fosf]; Vofdf pDd]j f/x? 5gf6ePsf 5g).

qm#; #	; /lff lgsfo tyf ; u7t ; #yfsf]gfd	Inlvt k/Llffaf6 5gf6 ePsf pDd]j f/sf]; Vof		
		dlxnf	k?if	hDdf
!=	gu/ ljsf; sf]f	98	90	28
@=	g]kfn cfon lgud	39	999	982
#=	g]kfn 6]nsd	39	39	62
\$=	g]kfn b'; #f/ sDkgl Inld6B	4	33	35
%=	g]kfn b'; #f/ kflws/Of -6]nsd_	8	92	96
=	g]kfn lwtflkq af\$}	99	95	34
&=	g]kfn gful/s p88og k]zlf0f k]ti7fg	0	24	24
*=	g]kfn kx/L	93	985	969
(=	g]kfn a\$ Inld6B	46	906	942
!)=	g]kfn /fi6a\$	9	80	89
!!=	/fli6o aldf sDkgl Inld6B	29	35	49
!@=	aldf ; ldt	0	0	0
!#=	; z:q kx/L an g]kfn	944	9998	2989
hDdf		386	2466	2992

>Qfl=txut cfwf/df

Inlvt k/Llffaf6 pQl0f{pDd]j f/sf]; Vofnf0{>Qfl=txut cfwf/df tn k]:tt ul/Psf] 5 .

>Qfl=tx	dlxnf	k?if	hDdf
3	949	9999	2064
4	49	94	946



>ʃfl:tx	dlxnf	k?if	hDdf
ʌ	29	ʌ9	23
6	38	62	902
9	22	6ʌ	98
2	ʌ	99	30
9	9	93	23
90	0	3	93
clws[t t]tlo	90	8	98
clws[t lätlo	2	23	39
clws[t kyd	8	9	99
>ʃfl ljxg	2	99	29
; xfos t]tlo	0	0	0
; xfos lätlo	9	6	9
; xfos kyd	3	92	29
c60	29	260	229
hDdf	386	2ʌ66	2992

!)=ljefulo ; hfo:k/fdz{

; fdf60 ; hfo

ljefulo ; hfosf nflu ljle6g lgsfoaf6 ; fdf60 ; hfo; Da6wl k/fdz{dfu e}cfPsf6f cfof]af6 b}fo cg; f/ lgof6x? ePsf 5g\.

qm; =	lgof6 ldt	sf/afx]sf]nflu k/fdz{lb0Psf]JolQmsf]kb / gfd	cfof]af6 ePsf]lgof6
!=	209ʌ190199	zfvf clws[t, e]hf k; fb a/fn	gl; xt lbg].
@=	209ʌ199103	0sf0{k}pV, s]of k; fb ; j}l	gl; xt lbg].
#=	209ʌ199106	k]lj lws ; xfos, s]of hf}l	gl; xt lbg].
\$=	209ʌ199199	lhNnf lz]ff clwsf/L, s]ofk; fb kf]y]h	gl; xt lbg].
%=	209ʌ192129	zfvf clws[t, w] k; fb sfQ/fnf	gl; xt lbg].
^=	209ʌ192129	lhNnf lz]ff clwsf/L, lgd}n sdf/ l3ld/]	gl; xt lbg].
&=	209ʌ199106	jg /lfs, /fh' kf]y]h	@ -b0{ tna a]4 /f\$sf ug].
*=	209ʌ199199	l; lgo/ cf]j f= ck/6/, cfg6b sdf/ s} l=	@ -b0{ aif{a9}f /f\$sf ug].

pQm lgof6sf]j ul}t ; f/fz b}fo adf]hd /x}sf] 5 .

qm; =	; df60 ; hfosf]k}f/	sf/afxl ul/Psf]JolQmsf]; Wof
!=	gl; xt	6
@=	a9}f /f\$sf	9
#=	tna j]4 /f\$sf	9
hDdf		2



ljz]f ; hfo

sd{f/lx?nf0{; }faf6 x6fpg]tyf ; }faf6 avf{t ug]; Da6wdf ljle6g lgsfoaf6 k/fdz{dfu e}cfPsf]df cfof]af6 b}fo adf]hd lg0f6x? ePsf 5gl .

qmf; =	lg0f6 Idlt	sf/afx]sf]nflu k/fdz{[b0Psf]JolQmsf]kb / gfd	cfof]af6 ePsf]lg0f6
१.	२०७५/१०/०३	slj/fh, t{tl 9sfn	elaiodf ;jf:Yo ; }fsf]lgldQ cof]o g7xl/g]u/L ; }faf6 x6fpg].
२.	२०७५/११/०३	dlxnf sfo\$tf{6lsf ykf	eljiodf ;/sf/L ; }fsf]lgldQ cof]o g7xl/g]u/L ; }faf6 x6fpg].
३.	२०७५/११/१७	gfkf# = 6\$ k; fb 9. ffgf	eljiodf ;/sf/L ; }fsf]lgldQ cof]o g7xl/g]u/L ; }faf6 x6fpg].
४.	२०७५/११/३०	kz' :jf:Yo kf]j lws, k} gf/foOf d08n	eljiodf ;/sf/L ; }fsf]lgldQ cof]o g7xl/g]u/L ; }faf6 x6fpg].
५.	२०७५/१२/१४	gf# = r6b] axfb/ sfsk{	eljiodf ;/sf/L ; }fsf]lgldQ cof]o g7xl/g]u/L ; }faf6 x6fpg].

ljz]f ; hfo ; Da6wL k/fdz\$]jul\$[; f/fz tflnsf

qmf; =	ljz]f ; hfosf]k\$sf/	sf/afxl ul/Psf]JolQmsf] ; Wof
१.	eljiosf]nflu cof]o g7xl/g]u/L x6fpg]	५
२.	eljiosf]nflu cof]o 7xl/g]u/L x6fpg	०
hDdf		५

ljefulo ; hfosfnflu k/fdzk}fg ul/Psf]n]f]s / txut jul\$ / Of M

qmf; =	>0fl ÷ tx	; fdf6o ; hfo		ljz]f ; hfo		hDdf k/fdz{ ; Wof
		dlxnf	k?if	dlxnf	k?if	
!=	/fk#atlo	-	३	-	-	३
@=	/fk#t]tlo	-	२	-	-	२
#=	/fk#cgklyd	-	२	२	२	६
\$=	/fk#cg#atlo	-	-	-	१	१
%=	>0fl ljlxg	-	१	-	-	१
hDdf		-	८	२	३	१३

k/fdz{; Da6wL ljj / Of

o; q}fl; s cj]wdf cfof]af6 sd{f/l ; }f zt{; Da6wL sfg} nufotsf ljifodf k}fg ul/Psf k/fdz{x? b}fo adf]hd /x\$ 5gl .

qmf; =	lg0f6 Idlt	cfof]af6 k}fg ul/Psf]k/fdz{
!=	२०७५/१०/०३	gkfn gful/s p8Bog kf]ws/0fsf]sd{f/lx?sf] ; }fsf zt{/ ; ljwf ; Da6wL lgodfjnl, @)%^ -c7f/f}; z]vg_ sf]d:of}df k/fdz{dfu ul/Psf].
@=	२०७५/१०/१४	; 3lo lghfdtl ; }f ljw}ssf]d:of}df gkfn]sf] ; ljwfgsf]wf/f @\$# ^_ adf]hd k/fdz{dfu ul/Psf].
#=	२०७५/१०/०७	/fli6o j]l0fHo a\$ Inld6\$sf]sd{f/l ; }f -rfyf] ; z]vg_ ljlgodfjnl, @)%& sf]d:of}df k/fdz{dfu ul/Psf].
\$=	२०७५/१०/०७	/fli6o aldf ; :yfg sd{f/l lgodfjnl, @)%& -klxnf] ; z]vg_ sf]d:of}df k/fdz{dfu ul/Psf].
%=	२०७५/१०/२४	gkfn jfo; }f lgudsf sd{f/lx?sf] ; }f zt{; Da6wL lgodfjnl, @)%* sf] ; z]wt d:of}df k/fdz{dfu ul/Psf].



qm#; ±	lgOf6 Idlt	cfOfuaf6 kbfq ul/Psf]k/fdz{
^=	२०७५।१०।२४	sfblo sfgb k:tsfno ljsf; ; Idlt -sfo{; #fng_ lgodfj nl, @)%& -rfyf}; zfvlg_ sf] d:ofbdf k/fdz{dfu ul/Psf].
&=	२०७५।०९।०९	s]if ljsf; a\$ Inld6\$sf] sdf(f/l ;]f lgodfj nl, @)^@ -; qf}; zfvlg_ df k/fdz{dfu ul/Psf].
*=	२०७५।११।०९	kzklit lfb ljsf; sf]f sdf(f/l ;]f zt{tyf ; ljwf ; Da6wl -; ftf}; zfvlg, @)%& ; lxt_ lgodfj nl, @)\$% sf] ; zfvlt d:ofbdf k/fdz{dfu ul/Psf].
(=	२०७५।१०।१७	/fli6o Goflos klti7fgsf] sfo\$fl lgbzs ; Da6wl c6o Joa:yf / sdf(f/l sf] lgoQm kfl/>lds tyf ; ljwf ; Da6wl klxfn]; zfvlg, @)%& sf] d:ofbdf k/fdz{dfu ul/Psf].
!)=	२०७५।१०।२१	hgs lzlf ; fdfu sfb Inld6\$ sdf(f/l ;]f ; t{l jlgodfj nl, @)%& sf] kfrf}; zfvlg, @)%& sf] d:ofbdf k/fdz{dfu .
!!=	२०७५।१०।१७	gf6/l klAns kl/ibbsf sdf(f/l sf] lgoQm tyf ;]sf zt{; Da6wl -klxfn]; zfvlg_ lgodfj nl, @)%& sf] d:ofbdf k/fdz{dfu ul/Psf].
!@=	२०७५।११।०९	/fli6o ; xsf/l ljsf; afB{sdf(f/l kzf; g ljlgod -; ftf}; zfvlg, @)%& sf] d:ofbdf k/fdz{dfu ul/Psf].
!#=	२०७५।११।३०	gkfnl ; g ; lgs ;]f -bf]] ; zfvlg_ lgodfj nl, @)%& sf] d:ofbdf k/fdz{dfu .
!\$=	२०७५।१०।२४	gkfn b'; -rf/ s0kgL Inld6\$ ljlgodfj nl, @)%& sf] d:ofbdf k/fdz{dfu ul/Psf].
!%=	२०७५।१२।७	gkfn lwtfkq afB{sdf(f/l ;]f zt{-rfyf]; zfvlg_ lgodfj nl @)%& df k/fdz{lbPsf].
!^=	२०७५।११।३०	gkfn :6s PS; r[h Inld6\$ -g;] sf] ;]f ; dx, pk; dx kl/j t6 ; Da6wdf k/fdz{lbPsf].

!!=k/Llffdf clgoldt tf ug]pk/ cfOfuaf6 ul/Psf]sf/afxl

tkl; nsf k/Llff sfbaf6 ; lldlnt ePsf b}fo cg; f/sf pldbj f/x?n]nf\$;]f cfOfu P6, @)^ / cfOfusf]-sfo{ -rfng_ lgbzsf, @)^& cg; f/ k/Llffdf clgoldt tf u/\$f]kf0Psf] b}fo adf]hd sf/afxl ug]u/l cfOfuaf6 lgOf6 ePsf]5 .

qm#; ±	lj 1fkg g+ /fjh g+	k/Llff sfb]	pldbj f/sf]gfd / 7]fgf	aaf=-cfdfs] gfd	afh\$] gfd	k/Llff Idlt	clgoldt sfo\$] lj j/of	sf/afx]sf]lj j/of	s]knot	
!=	१५/०७५-७६	११९	-	sdn axfb/ kf08] o; d-\$, cf]yn9Eif	x/l axfb/ b]dfof	80a/ axfb/	२०७५/१०/८	dfaf0n knfgsf] kbfu u/\$f]	lgh pldbj f/sf] pQm lj 1fkg]sf] k/Llff /2 u/L Idlt @)%&!).* b]v nfu" xg] u/L @ -b0{ jif{Dd cfOfuaf6 ; -rfng xg] sg} klk kbs] k/Llffdf ; lldlnt xg gkfp] u/L lgn]dag ul/Psf].	gkfnl ; g
@=	१५/०७५-७६	६०७	-	; ld/ du/, knfk', cf]yn9Eif	808} lrgldfof	u:-hdfg	२०७५/१०/८	lr6 knhf k/\$f]	lgh pldbj f/sf] pQm lj 1fkg]sf] k/Llff /2 u/L Idlt @)%&!).* b]v nfu" xg] u/L @ -b0{ jif{Dd cfOfuaf6 ; -rfng xg] sg} klk kbs] k/Llffdf ; lldlnt xg gkfp] u/L lgn]dag ul/Psf].	gkfnl ; g



qm#; ±	lj 1fkg g+	/fjh g+	k/Llff sQb	pDdbj f/sf]gfd / 7ufgf	aaf=-cfdfs] gfd	afh\$] gfd	k/Llff ldt	clgoldt sfo\$] lj j /of	sf/afxlsf]lj j /of	s]knot
#=	2/099-96	22222	-	l8Pg yfki, wgs6f-^, af3y]fjhf	sdnf=-kz]fd	6\$axfb/	2099/90/93	df]af0n kn]g]sf] k]p]f] u/\$]f].	lgh pDdbj f/sf] pQm lj 1fkgsf] k/Llff /2 u/L ldt @)&%!)!.# b]v nfu" xg] u/L @ -b0{ jif{ Dd cfof]yaf6 ; -rfng xg] sg} klk kbsf] k/Llffdf ; lDdInt xg] gkfpg] u/L lgnDag ul/Psf].	g]kfn k]k/L
\$=	03/099-96	92222	-	lbks l3ld/] rf]f7f-^, b]h]v	afns]of	eQmaxfb/	2099/90/26	lg]hsf] gfd]f udg l; * las-] k/Llff lbPsf]	lgh pDdbj f/x?sf] pQm lj 1fkgsf] k/Llff /2 u/L pNn]v]t k/Llffdf clgoldttf u/\$]f] ldt @)&%!)!)=^ b]v nfu" xg] u/L % -kfr_ jif{ Dd cfof]yaf6 ; -rfng xg] sg} klk kbsf] k/Llffdf ; lDdInt xg] gkfpg] u/L lgnDag ul/Psf].	g]kfn k]k/L
%=	03/099-96	99999	-	nIntaxfb/ zfxl, hlgrfb]%, hfh/sf]b	a]vaxfb/	g/lj /	2099/90/26	lg]hsf] gfd]f uf]kfn zfxn] k/Llff lbPsf]	lgh pDdbj f/x?sf] pQm lj 1fkgsf] k/Llff /2 u/L pNn]v]t k/Llffdf clgoldttf u/\$]f] ldt @)&%!)!)=^ b]v nfu" xg] u/L % -kfr_ jif{ Dd cfof]yaf6 ; -rfng xg] sg} klk kbsf] k/Llffdf ; lDdInt xg] gkfpg] u/L lgnDag ul/Psf].	g]kfn k]k/L
^=	96699/099-96	930890	-	gf/fo0fl v8sf, a9f]gns07 -!, sf7df8f]-	/lj Gb] v8sf	; b{ axfb/ v8sf	2099/90/93	Pp6f v08sf] pQ/ csf] v08sf] pQ/ kl:tsfdf n]v pQ/ kl:tsf Roft] v08 ldnfg u/\$]f]	lgh pDdbj f/x?sf] pQm lj 1fkgsf] k/Llff /2 ul/Psf].	Pslst



qm; #	lj 1fkg g+	/fjh g+	k/liff s b	pDd]j f/sf]gfd / 7]fgf	aaf=-cfdfsf] gfd	afh}f] gfd	k/liff ldlit	clgoldt sfo}f] lj j /of	sf/afxlsf]lj j /of	s knot
&=	ԶԻ/ՕՁԻ-ՍԶ	ԳՍԶԵ	-	wj vgn, dnf/fgl-\$, c3f]f]rl	9lg/fd=lj iofdf	r8fd0fl	ԶՕԶ/ԳԶ/Է	df}fOn krf]sf] kpf] u/}f].	lgh pDd]j f/sf] pOm lj 1fkgsf] k/liff /2 u/l ldlit @)%%!.@.* b]v nfu" xg] u/l @ -b0{ jif{ Dd cfof]af6 ; -rfng xg] sg} klg kbsf] k/liffdf ; lDdlnt xg gk]pg] u/l lgn]dag ul/Psf].	gk]fn /fi6 a\$

k/liffdf clgoldttf ug] pDd]j f/sf] n} s tyof° o; k}sf/ /x}f] 5 .

!; -g+	lnE	; Wof
!=	dlxnf	!
@=	k?if	^
	hDdf	&

!@-dxTj k0f]lg0f6x?

- 3 gk]fn k}f; g, n]f]k/liff / Joj :yflksf ; #b ; }f /fk}t]lo >]fl zvf clws]t jf ; f] ; /x kbsf]k/liff of]hg tyf rty{ kqs] kf7bqnd ldlit @)%%!.@ \$ ut] ebf k5fl8 k}slzt xg] lj 1fkgx? b]v nfu"ug].
-cfof]sf]lg0f6 g=!&(÷)&%-&^:@)&%!.@\$
- 3 cfof]sf dfgglo ; b:oHoX?sf] cftl/s sfo]efhg tyf afxb lgsfox?df k]tlglw] tkln adf]hd xg] u/l ug].
-cfof]sf]lg0f6 g+(*÷)&%- &^:@)&%!!!&

-s_ cftl/s sfo]efhg

qm; #	kblwsf/l]sf]gfd	lhDd]f/l
!=	c]Wof >l pd}k; fb d}gnl	c}t]f}f{ tyf l; krf]z
		k}f; g
		Inlvt k/liff glthf tof/l -ckf]j lws_
@=	; b:o >l laGb] xf8f -e\$ /f0{	ph/l tyf ljefulo ; hfo k/fdz{
		k}gkq kl/dfhg -ckf]j lws_
#=	; b:o >l >lk?if 9sfn	; }gf tyf k}fzg
		Inlvt k/liff glthf k}fzg (Optical Mark Reader) af6 k}fzg xg] glthf ; d}
\$=	; b:o >l czf}ssdf/ eif	kf7bqnd tyf d]of°g
		k/liff k]j lw tyf cg! Gwfg
		k}gkq kl/dfhg -k]j lws_
% =	; b:o >l axd b] /fo	k/liff ; #fng -k]j lws_
		Inlvt k/liff glthf tof/l -k]j lws_
		Inlvt k/liff glthf tof/l -; /lff lgsfo tyf ; #7t ; #y_
^=	; b:o >l s]ofrGb] eif	k/liff ; -rfng -ckf]j lws_
		of]hg tyf ; d}jo
		glit lgod tyf k/fdz{



-v_ ախձ լցսփոփ կլտլցլտլ

Լ; ց	կբլտտ/տտլցլտ	կլտլցլտլ ցլլցսփո	կլտլցլտլ սլլկ
!=	df= cՎոլփ քձք; ֆ քձք	!= լզլֆս ; յփ քփոփ կբլտտ/լ Լ; կրլ/; ; լձտ	cՎոլփ
		@= լցլտտլ ; յփ քձ, @)\$ (տլ կրլ @)-!_ ադլլոտտ/ֆկլլզլո >Պլ կտտլալլ ; լձտ	cՎոլփ
		#= ցփո ; յփ քփոփ	; Բ:Օ
		\$= /ֆլո կ/լլֆ ադլլ{cՎոլփ Լ; կրլ/; ; լձտ	cՎոլփ
		%= ցլլ կլլ; լց կլլոփ կլտլլց կլ/լլ	; Բ:Օ
@=	df= ; Բ:Օ լլ քլ քլ քլ քլ քլ	!= կլ/լ լցլլոտ, @)&! տլ լցլ !) ադլլոտ կլ/լ ; յփ կրլ{ ; լձտ	cՎոլփ
		@= լցլտտլ ; յփ քձ, @)\$ (տլ կրլ @)-!_ ադլլոտ /ֆկլլզլո >Պլ կտտլալլ ; լձտ	; Բ:Օ
		#= քլլփոփ լցսփոփ լցլտտլ ; յփ քձ, @)\$ (տլ կրլ @) -!_ ադլլոտտ ; լձտ	cՎոլփ
		- ; -ր/ տլ ; րլ կլլոտ լցլո	
		- լձտ յլլ; քլ/լ տլ սլ/լ լլլ/փ լցլո	
		- լզլֆ, լլլց տլ կլլոտ լցլո	
		\$= կլլոտ լզլֆ տլ յլլ; փոտ տլոտ ; լլ	; Բ:Օ
%= լլլոտ-րոտ լլլլլ Բոտ ; յփ քփոփ	; Բ:Օ		
#=	df= ; Բ:Օ >կլլ քլ	!= լցլտտլ ; յփ քձ, @)\$ (տլ կրլ @)-!_ ադլլոտ /ֆկլլզլո >Պլ ալլալլ /ֆկլլոտ կրլ ալլ ; լձտ -լլ ; յփ ալլ_	cՎոլփ
		@= ; ձ:կ կլ/լ քձ, @)\$* տլ կրլ !! ադլլոտտ ; ձ:կ կլ/լ ; յփ քփոփ	cՎոլփ
		#= քլլփոփ լցսփոփ լցլտտլ ; յփ քձ, @)\$ (տլ կրլ @) -!_ ադլլոտտ ; լձտ	cՎոլփ
		- ; :տ, կոլց տլ ցլ/ս քլլոտ լցլո	
		- լլլ կլլ/ տլ փոտ լցլո	
		\$= լցլտտլ ; յփ քձ, @)\$ (տլ կրլ @)-!_ ադլլոտտլլլ ; յփ ալլալլ ; լձտ	; Բ:Օ
		%= ցլլ կլ տլ ցլլ կլլ կլտլլց ; յփ քփոփ	cՎոլփ
		^= ; Բ/ կլլոտ-րոտ լլլլլ Բոտ ; յփ քփոփ	; Բ:Օ
\$=	df= ; Բ:Օ քլլալլ/ լլլ	!= :լլ:Յո ; յփ քձ, @)\$* տլ կրլ @ ադլլոտտլալլ ; լձտ	cՎոլփ
		@= քլլփոփ լցսփոփ լցլտտլ ; յփ քձ, @)\$ (տլ կրլ @)-!_ ադլլոտտ ; լձտ	cՎոլփ
		- սլլ, ցփո տլ ; քլո լլլոտ լցլո	
		- վլլլլ լցլո	
		#= ցլլ ոտտոտ կլլ կլտլլց ; յփ քփոփ	cՎոլփ
\$= կլլոտ լլլլլ Բոտ ; յփ քփոփ	; Բ:Օ		



l; -g#	kbflwsf/Lsf]gfd	k t glw j xg]lgsfo	k t glw j ug]kb
%=	df= ; b:o jxd bj /fo	!= :jf:Yo ; Jf Pğ, @)%# sf]bkrf @% adf]hdsf]a9jf ; ldlit	; b:o
		@= bxfosf lgsfodf lghfdtl ; Jf Pğ, @)\$(sf]bkrf @)-!s_ adf]hdsf] ; ldlit	cWOLF
		- pBfı, jfıfHo tyf cfklt{dGqfno	
		- s if tyf kzkıL ljsf; dGqfno	
		#= lqejg ljZj lJ Bfno ; Jf cfofı	; b:o
\$= gkfn k f k ti7fg ; Jf cfofı	cWOLF		
^=	df= ; b:o s[Of rGb] enf	!= /fli6o cg; Gwfg ljefu 5gfğ ; ldlit	cWOLF
		@= ; lgs Pğ, @)^# sf]bkrf !@ adf]hd clws[t txsf]kbklt{l; knf/; ; ldlit	cWOLF
		#= Joj:yflksf ; #b ; lrjfn0 ; DaGwl Pğ, @)^\$ sf]bkrf @& -!_ / #%- \$ _ adf]hd ; lrj afx\$sf kbsf]a9jf ; ldlit	cWOLF
		\$= bxfosf lgsfodf lghfdtl ; Jf Pğ, @)\$(sf]bkrf @)-!s_ adf]hdsf] ; ldlit	cWOLF
		- k//fi6« dGqfno	
		- cy{dGqfno	
		- ; x/L ljsf; dGqfno	
		- ; 3lo dfldnf tyf ; fdfo kzf; g dGqfno	
		- jg tyf jftfj/Of dGqfno	
		%= lghfdtl ; Jf Pğ, @)\$(sf]bkrf @)-!_ adf]hdsf] ; lrj afx\$sf /fhkqfst kbsf]a9jf ; ldlit -jg ; Jf jfx\$ _	; b:o
		^= :jf:Yo ; Jf lgodfjnl, @)%% sf]lgod ^% adf]hdsf]a9jf ; ldlit	cWOLF
		&= lghfdtl ; Jf Pğ, @)\$(sf]bkrf @) -!_ adf]hdsf] jg ; Jfsf sdf]Lsf]a9jf ; ldlit	cWOLF
		*= kf6g :jf:Yo lj 1fg k ti7fg ; Jf cfofı	; b:o
		(= gkfn ; #st lJZj lJ Bfno ; Jf cfofı	; b:o
!)= kfıv/f lJZj lJ Bfno ; Jf cfofı	; b:o		
!!= s if tyf jg lj 1fg lJZj lJ Bfno ; Jf cfofı	; b:o		
!@= gkfn lj 1fg tyf k jw k f k ti7fg ; Jf cfofı	; b:o		

3 nf\$; Jf cfofı -sfo{; ~rfng_ lgb[zsf, @)^& sf]cg; kL-* df bxf0 cg; f/ ; zfwg u/L /fıh gDa/ ljefhg ug].
-cfofısf]lg0fğ g#@\$÷)&%- &^: @)&%.!!.#)_

/fıh gDa/sf]ljefhg

sfofıo	sfofıo=k/Llff s b	b v	; Dd
nf\$; Jf cfofı, wgsdf sfofıo cgtuf	nf\$; Jf cfofı, Onfd sfofıo	90009	20000
	nf\$; Jf cfofı, wgsdf sfofıo	20009	990000
	nf\$; Jf cfofı, vıfıa sfofıo	990009	920000
nf\$; Jf cfofı, hnZj/ sfofıo cgtuf	nf\$; Jf cfofı, hnZj/ sfofıo	920009	290000
	k/Llff s b nxfğ	290009	220000
	k/Llff s b jL/u-h	220009	390000
nf\$; Jf cfofı, sf7df8f)-sfofıo cgtuf	nf\$; Jf cfofı, sf7df8f)-sfofıo	390009	290000
	nf\$; Jf cfofı, xıfıf sfofıo	290009	220000



sfofho	sfofho=k/Liff sDbl	b]v	;Dd
nf\$;]f cfof]y, kf]y/f sfofho cgtuf	nf\$;]f cfof]y, kf]y/f sfofho	ԿԿ0009	Կ90000
	nf\$;]f cfof]y, afln ^a sfofho	Կ90009	ԿԿ0000
nf\$;]f cfof]y, abjn sfofho cgtuf	nf\$;]f cfof]y, abjn sfofho	ԿԿ0009	Է90000
	nf\$;]f cfof]y, bf ^a sfofho	Է90009	ԷԿ0000
nf\$;]f cfof]y, ; V} sfofho cgtuf	nf\$;]f cfof]y, ; V} sfofho	ԷԿ0009	Կ90000
	k/Liff sDbl xDnf	Կ90009	ԿԶ0000
	k/Liff sDbl 8f]kf	ԿԶ0009	ԿԶ0000
nf\$;]f cfof]y, hDnf sfofho cgtuf	nf\$;]f cfof]y, hDnf sfofho	ԿԶ0009	ԿԿ0000
	nf\$;]f cfof]y, lbfon sfofho cgtuf	ԿԶ0009	ԷԶ0000
nf\$;]f cfof]y, lbfon sfofho cgtuf	nf\$;]f cfof]y, lbfon sfofho	ԿԶ0009	ԷԶ0000
	nf\$;]f cfof]y, dx]bgu/ sfofho	ԷԶ0009	ԷԿ0000
nf\$;]f cfof]y, sDblo sfofho, sf7df8f}		ԷԿ0009	եGbf dfyl

3 ; fdfco k}zf; g dGqfnosf] cg/f]y adf]hd /f= k= k]yd, l}tlo / t}tlo >0f]sf] kbsf] kbkl't\$} nflu k]kt dfu kmf/fd cg; f/sf kbx?sf] lgodfg; f/ k}tzt lgwf{Of u/L r} d]xgfsf] clGtd awaf/ l] 1fkg k}sfzg ug}.

-cfof]y]sf] lGOfG g=#@!%:-)&%- &^:@)&%!@!\$_

3 ckf]j lws tkm{/fhkqf]st l}tlo >0f], pk; l}rj jf ; f] ; /x kbsf] l}tlo r/Ofsf] Competency Test C}tu{Sf] In Basket Exercise sf]k/Liff ; DaGwdf lGdg adf]hd ug}.

Է g]kfn k//i6« ;]f,g]kfn n]yfk/LifOf ;]f tyf Joj:yf]ksf ; #b ;]fsf] xsdf vhf tyf cftl/s k]tof]ut]f]ds k/Liffsf] nflu In Basket Exercise sf]k/Liff ;]f cg; f/ Pp6}k}Zgkqaf6 Ps}lbg ; 0Qm ?kdf ; -rfng ug}.

Է g]kfn k}zf; g ;]fsf] ; fdfco k}zf; g ; d}x, n]yf ; d}x / /h:j ; d}xsf] xsdf vhf tyf cftl/s k]tof]ut]f]ds k/Liffsf] nflu In Basket Exercise sf]k/Liff ; d}x cg; f/ Pp6}k}Zgkqaf6 Ps}lbg ; 0Qm ?kdf ; -rfng ug}.

Է g]kfn Gof ;]fsf] Gof ; d}x, sfgg ; d}x tyf ; /sf/l j]sn ; d}xsf] xsdf vhf tyf cftl/s k]tof]ut]f]ds k/Liffsf] nflu In Basket Exercise sf]k/Liff ; d}x cg; f/ Pp6}k}Zgkqaf6 Ps}lbg ; 0Qm ?kdf ; -rfng ug}.

3 g]kfnl ; G]sf kbdf a9}f ubf{ckgfpkg} ; fdfco l; 4f]tsf] l] ifodf b}xfo adf]hd ug}

-cfof]y]sf] lGOfG g=#@@&:-)&%-&^, ldt @)&%-!@-@*_

Է l]leG egf{sD]bdf gku}sf sf}f c}oq sD]bdf a9l ePsf ; Vofnf0{ : yfgf]t/Of ug} ; DaGwdf a9l ; Vof ePsf sD]baf6 ; Vof gku ePsf] ghssf] sD]bdf : yfgf]t/Of ug}{kbkl't{ ; ldt n] dfkb08 agf0{Jo} : yfkg ug}

Է lnlvt k/Liffsf] glthf k}sfzg ePk15 clGtd glthf k}sfzg ubf{zf/l]s tGb?:tl k/Liffsf] c}sef/ uOfgf ug} u/L k} : tfj eP adf]hd ug}

Է lnlvt k/Liffsf] glthf k}sfzg ubf{b}xfo adf]hd yk ; Vof sfod ug}

qm; #	kbkl't{ug}{kg} ; Vof	yk xg] ; Vof
-s_	Ps b]v kfr ; Dd eP	tlg
-v_	5 b]v bz ; Dd eP	kfr
-u_	P3f/ b]v kGw] ; Dd eP	cf7
-3_	; f}x] b]v al; ; Dd eP	bz
-a_	PSsf0{ b]v kRrl; ; Dd eP	afx
-r_	5al; b]v tl; ; Dd eP	r]y
-5_	Pstl; b]v k}t; ; Dd eP	kGw]
-h_	5Ql; b]v rfln; ; Dd eP	; f}x]
-em	Psrfn; / ; f] eGbf dfly	rfln; k}tzt

Է g]kfnl ; G]sf] egf{k]qmfdf lnlvt k/Liff / cG k/Liffx? klq xg] u/}sf] / To:tf] cG k/Liffsf] dfkb08 kbkl't{ ; ldt]sf] lGOfGaf6 ; do-; dodf x]k]y] xg] u/}sf] ; Gbedf nf\$;]f cfof]y, g]kfnl ; G] / /lf dGqfnosf] k]t]lgw ; d}sf] ; mlgtfd kbkl't{ lgb}zsf cBfj lws u/L cfof]y]sf] k/fdzOf : j]st u/L nfu" ug} Jo} : yf ug}.



!#=sd{f/l Joj:yfkg

-!_ ;?jf

-s_ cfo lgsfoaf6 cfof] jf cftu{ ;?jf tyf kb:yfkgf

qm; =	kb	sd{f/lsf]gfd, y/	;?jf ug]lgsfo	kb:yfkgf ul/Psf]lgsfo	;?jf lgOf6 ldt	cfof]df kb:yfkgf ePsf]ldt
1.	; x; lrj	>l wd{fh s0s]h	sfgg, Gof tyf ; #blo Joj:yf dGqfno	nf\$; Jf cfof], s]b]o, sfofho	@)&%!.)!.\$	
2.	; x; lrj	>l tfo]gf/foof ; j]bl	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], kf]y/f sfofho	@)&%!!!.#	@)&%!@.)#
3.	pk; lrj	>l k]k]; fb b]sf]f	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], lbfon sfofho	@)&%!!!.@	@)&%!@!@
4.	pk; lrj	>l lg/hg >]7	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], dx]bgu/ sfofho	@)&%!!!.@	@)&%!@!@
5.	zfvf clws]t	>l ky/fh s6]fn	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], lbfon sfofho	@)&%!@.)&	@)&%!@!&
6.	zfvf clws]t	>l ltnsk]; fb ; fks]f]f	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], abjn sfofho	@)&%!@.)&	@)&%!@!&
7.	zfvf clws]t	>l klk/fh vgn	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], abjn sfofho	@)&%!@.)&	@)&%!@!&
8.	zfvf clws]t	>l 6sk]; fb k6yl	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], hn]j/ sfofho	@)&%!@.)&	@)&%!@!&
9.	zfvf clws]t	>l cle/fh 8ful	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], kf]y/f sfofho	@)&%!@.)&	@)&%!@!&
10.	zfvf clws]t	>l /fdk]; fb cfrfo{	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], vf]f ^a sfofho	@)&%!@.)&	@)&%!@!&
11.	zfvf clws]t	>l lr/-hljl e08f/l	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], b/vf:t Joj:yfkg s]b]	@)&%!@.)&	@)&%!@!&
12.	vl/bf/	>l ek]b] rf]hfuf0{	; 3lo dflndf tyf ; fdfno kzf; g dGqfno	nf\$; Jf cfof], wgs6f sfofho	@)&%).^!.(@)&%!@!@

-v_ cfof]af6 cftl/s ;?jf tyf kb:yfkgf M

qm; =	kb	sd{f/lsf]gfd, y/	;fl]s sfo]t lgsfo	kb:yfkgf ul/Psf]lgsfo	;?jf lgOf6 ldt
!=	pk; lrj	>l Psgf/foof zdf{	nf\$; Jf cfof], h]nf sfofho	nf\$; Jf cfof], abjn sfofho	@)&%!!!.^
@=	zfvf clws]t	>l lj]ofk]; fb Gofk]g]	nf\$; Jf cfof], hn]j/ sfofho	nf\$; Jf cfof], bf ^a sfofho	@)&%!!!.^
#=	zfvf clws]t	>l lgd/fh e\$]f0{	nf\$; Jf cfof], b/vf:t Joj:yfkg s]b]	nf\$; Jf cfof], sf7df8f]sfofho	@)&%!@!&
\$=	zfvf clws]t	>l /3ktl sfkm]	nf\$; Jf cfof], vf]f ^a sfofho	nf\$; Jf cfof], s]b]o sfofho	@)&%!@!&
%=	gfoa ; laf	>l /fdk]; fb kf]h]	nf\$; Jf cfof], s]b]o sfofho	nf\$; Jf cfof], sf7df8f]sfofho	@)&%!!!.^
^=	gfoa ; laf	>l nf]d; cfrfo{	nf\$; Jf cfof], s]b]o sfofho	nf\$; Jf cfof], sf7df8f]sfofho	@)&%!!!.^



-u_ cfof]af6 cfoq lgsfodf ;?j ; Da6wl ljj/Of

qm; ;	kb	sd{f/l]sf]gfd, y/	;?j ePsf]lgsfo	lgOf6 Idlt	/dfgf Idlt
!=	; x; lrj -sfgg_	>l kf/fzj/ 9: fgf	klwgd6ql tyf dl6qkl/ib]sf] sfof]o	@)&%!.!.\$	@)&%!!!.#
@=	zfvf clwsf]	>l nldOf a/fn	lhNnf k]zf; g sfof]o, sf:sl	@)&%!.@!!	@)&%!.@!%

-@_ kb]l]gt

qm; ;	kb	>Qfl	sd{f/l]sf]gfd, y/	lgOf6 Idlt	/dfgf Idlt
!=	gfoa ; Aaf	6\$Qb] clwsf/l	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=#	@)&%!!!.)%	@)&%!.@.)#
@=	gfoa ; Aaf	/fh/fh cof]h	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=#	@)&%!!!.)%	@)&%!.@.)!
#=	gfoa ; Aaf	d/f/l k; fb av]h	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=#	@)&%!!!.)^	@)&%!.@.)&
\$=	gfoa ; Aaf	>ls07 l3ld/]	uf]fj/l gu/kf]nsf, n]ntk/	@)&%!!!.)^	@)&%!.@.)!
%=	gfoa ; Aaf	Pdsdf/ ykf	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=#	@)&%!!!.)^	@)&%!.@.)*
^=	gfoa ; Aaf	k]sfz ; j]l	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=#	@)&%!!!.)^	@)&%!.@.)&
&=	gfoa ; Aaf	; dg sdf/l kf]y/]h	n]ntk/ dxfgu/kf]nsf, n]ntk/	@)&%!!!.)^	@)&%!.@.)&
*=	gfoa ; Aaf	hljgyf e08f/l	d]h]rl gu/kf]nsf, l; 6wk]nr]f\$	@)&%!!!.)^	@)&%!.@.)%
(=	gfoa ; Aaf	/d]z sdf/ k8f; g]l	bl]f0fsfn] gu/kf]nsf, sf7df8f}	@)&%!!!.)^	@)&%!.@.)\$
!)=	gfoa ; Aaf	lzx/l 1jfnl	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=%	@)&%!!!.)^	@)&%!.@.)%
!!=	gfoa ; Aaf	; lzn 9sfn	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=%	@)&%!!!.)^	@)&%!.@.)%
!@=	S€=	1fgah] nfd	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=#	@)&%!!!.)&	@)&%!.@.)\$
!#=	gfoa ; Aaf	c;Of sdf/ kf]h]h	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=#	@)&%!!!.)^	@)&%!.@.)\$
!\$=	S€=	ah k; fb ; j]l	dVod6ql tyf dl6qkl/ib]sf] sfof]o, kb]z g=%	@)&%!!!.)&	@)&%!.@.)#

-#_ cjsfz

qm; ;	kb	>Qfl	sd{f/l]sf]gfd, y/	cjsf; Idlt	s]knot
!	ckm; f k] ; k/ef0h/	/fk= t]tlo	/d]z zfSo	@)&%!.!)	clgjfo{cjsfz
@	zfc=-lzlff_	/fk= t]tlo	z]f]ns/fd l3ld/]	@)&%!!!.)	:j]R5s cjsfz
#	zfc=-	/fk= t]tlo	pk]b] clwsf/l	@)&%!!!.)	:j]R5s cjsfz
\$	gf; =	/fk€g=k]yd	uf]k]nr]gb] ; j]l	@)&%!!!.)	:j]R5s cjsfz
%	gf; =	/fk€g=k]yd	/fdr]gb] a]hf/f	@)&%!!!.)	:j]R5s cjsfz
^	6f-gf; =	/fk€g=k]yd	sNof0fl v8sf	@)&%!.!.)!	:j]R5s cjsfz

-\$_ cfof]usf kb]f]wsf/l÷sd{f/lx?sf]:j]z tyf ljb]z eQOfM

qm; ;	kb	>Qfl	sd{f/l]sf]gfd, y/	cjsf; Idlt	s]knot
!	dfgglo clw]lf	>l pd]zsd]f/ dg]fnl	World Government Summit	UAE	@)&%!.!)^
@	; lrj	>l dx]b]k; fb u/fuf0f	World Government Summit	UAE	@)&%!.!)^

-%_ e]f]ts sfo{; Da6wl k]lt ljj/OfM

-s_ s]b]o sfof]o, a]bn sfof]o / h]nf sfof]osf]ejg lgd]ff]lw]g cj:ydf /x]sf].

-^_ ;dj]gf

-s_ cfof]usf k]f; ; b:o pdf kf08]sf]@)&% k]f @(ut]c; fdlos :juf]f]x]Of .

-s_ cfof]usf ; x; lrj >l k] k; fb kf]h]sf] lktf >l 3gzofd kf]h]sf] *% jif]sf] pd]df Idlt @)&%!.@!* df c; fdlos :juf]f]x]Of .

-v_ cfof]usf pk; lrj >l b]l k; fb ; j]l]sf] d]tf >l euj tl ; j]l]sf] &# jif]sf] pd]df Idlt @)&%!.@.@ df c; fdlos :juf]f]x]Of .



-&_ ცფიუსფი კბილსფი/ლ, სდი/ლქ?სფიტილინდი; ლდი/÷უფი)ლ

კომ; ჟ	კბ	გდი, ყ/	ტილინდი; ლდი/სფი)ლი იფო	ტილინდი ლბ); აყფ	ტილინდი; ლდი/სფი)ცი ლ	
					ბ)ლ	; დ
!	პკ; ლრი	>ლ რბისტი ლგ/ფი	#% სფი)ბგ); ჯსფილი ტილინდი (PCMD)	გკინ კღზ; ლს კღზიფი კღტი7ფი, ლფინფი	@)&%;!@.)	@)&^.)!.@%
@	პკ; ლრი	>ლ რ/დიფი დ/ფი; გლი	#% სფი)ბგ); ჯსფილი ტილინდი (PCMD)	გკინ კღზ; ლს კღზიფი კღტი7ფი, ლფინფი	@)&%;!@.)	@)&^.)!.@%
#	პკ; ლრი	>ლ სღჯი ჯდი	#% სფი)ბგ); ჯსფილი ტილინდი (PCMD)	გკინ კღზ; ლს კღზიფი კღტი7ფი, ლფინფი	@)&%;!@.)	@)&^.)!.@%
\$	პკ; ლრი	>ლ ბ)ლი კ); ბი ; ჯილ	#) სფი)ბგ); ჯსფილი ტილინდი (ACMD)	გკინ კღზ; ლს კღზიფი კღტი7ფი, ლფინფი	@)&%;!@.)%	@)&^.)!).%
%	პკ; ლრი	>ლ ; ბ)კ); ბი ; ფსიფი	#) სფი)ბგ); ჯსფილი ტილინდი (ACMD)	გკინ კღზ; ლს კღზიფი კღტი7ფი, ლფინფი	@)&%;!@.)%	@)&^.)!).%
^	პკ; ლრი	>ლ კიფიღი >)ი	#% სფი)ბგ); ჯსფილი ტილინდი (PCMD)	გკინ კღზ; ლს კღზიფი კღტი7ფი, ლფინფი	@)&%;!@.)%	@)&^.)!).!
&	ჯიფი ცილსტი	>ლ ცზიფიდი/ დხიღი	#) სფი)ბგ); ჯსფილი ტილინდი (PCMD)	გკინ კღზ; ლს კღზიფი კღტი7ფი, ლფინფი	@)&%;!@.)\$	@)&^.)!).\$
*	კი) ; კ/ეფიჟ/	>ლ ალ/ლი) სდი/ ; ფი	#) სფი)ბგ); ჯსფილი ტილინდი (PCMD)	გკინ კღზ; ლს კღზიფი კღტი7ფი, ლფინფი	@)&%;!@.)\$	@)&^.)!).\$

-!\$ აბი ვრ{

ო; კბი; ს ცილდი ცფიუსფი)სფი(დკბისი ნლი ეპსი)ვრფი)ცი:ყფი; კბი/ /ქს)5 .

კომ; ჟ	ზიფი	დიღი			დიდი
		დი3	კიფი	რი	
!=	რინ' ვრ{	6993262	90669900	92996064	30099229
@=	კილუტი ვრ{	98449293	20999904	28282304	49496662
#=	ლილივ ვრ{	-	499690	269492	689262
დიდი		20930434	32226694	39469982	90449969

აბი) ; ჯი ცფიუსფი)კი)ტა4ტი, ილიტი, :ქ)5ფ / ლკი)ლიტი)E

აბი) ; ჯი ცფიუსფი)ბ) ც)7ფი, :ქ)5, ლკი)ლი / კი)ტი:კი)ტი(დი)5გ)ბ)E

ნი) ; ჯი ცფიუსფი)ცი)ლიდი ; ჟი, ცილსი კ/ლი)ფი კი)ლსი)კი)ლი)ა)6 ილიტი დი)ლი)ნი)5გ)ბ)E



cGtjftf{



लोक सेवा आयोगबाट आ.ब. ०७५/७६ मा नेपाल लेखापरीक्षण सेवा, रा.प. प्रथम श्रेणी, सहसचिव पदमा आ.ज. तर्फ पदमा लिइएको परीक्षामा सफल हुनु भएका श्री श्रीकुमार राईसँग गरिएको अन्तर्वार्ता :

!= gkfn n]yk/Lifof ;]ftkm{ ;x;lrj kbsf] k|t:kwf{f6 5gf6 e0{ sfo{f/ ;d] ;DxfNg' ePsfdf awf0{ 5 . k|toflutffds k/Liffaf6 ;km xg s}:s:tf ljifoj:txz cWooog ug{kG/ pQ/ nVbf s:tf s/fx;nf0{dxTj lbgkg] /x\$ < cfkng]cgejsf cfwf/df nf\$;]f tof/Ldf ;mUg /x\$ pDd]j/x;nf0{s:tf];emj lbgk65 <

; aeGbf klxfn t awf0{lbg'ePsfdf / nf\$;]f cfof]sf] ; dfrf/kqsf]nflu sxl s/fx; /fVg]cj; / lbg'ePsfdf w6jfb 5 . k|toflutffds k/Liffaf6 ;km xg o:t} vfnf / olt g}dfqdf ;]f ; fdu tyf ljifoj:txzsf] cWooog ug{k5{eg} ; ldt xg'k5{eg}s/fdf d ; xdt 5g . t}klg tof/L ul/g]k/Liffsf]kf7bqmd cg'f/sf ljifoj:txz t cWooog ug{k5{. o; sf clt/Qm cfkng] kzfut sfd, z]fs offotf, lbg nfluPsf];]f jf ; dxsf] sfo{kst, ; fj hlg s kzf; g, lj sf; , zf; slo k6w, cyfGq, /fhgllt nufot ljifosf /fli6o tyf c6t/fli6o k]j]Q tyf k]rngx;sf]; d] hfgsf/L /fVg' kb5 . ; fy ; /sf/L Joj:yf -glltut, Jojxf/ut, kPffnlut, sfo{t_ sf]swOTAnalysis ; lxtsf]hfgsf/L xg'kb5 . kfoM ; a} k/LiffyL; ; u w} }ljifol]sf ; r'gxf; k: t x65gl . t/ k/Liffdf ; flwPsf]kZgsf]pQ/df slt / s; /L ; r'gf, tYo, kdfof / sfof]ogof]o jf:tlj s ; emj lbg]eG] ljifodf g}s]b]t xg' kb5 .

pQ/ nVbf ; aeGbf klxfn tflsPsf]kZg ; Vof, lbOPsf] ; do tyf cfkng] n]yg ult / ; lknf0{ Wofg lbg' kb5 . o; sf] nflu k/Liff eGbf cufl8 cfkng] k6s k6s cfof; ug{k65 . ; kmntsf]nflu b0{tlg dlxgfsf] k9f0{sfof]hgf eGbf lg/Gt/ tlg=rf/ jifsf]cWooog / cfof; n]; km agf]bf]/x\$ eG]cgej d]h]u/\$f]5' . To; h] nf\$;]f cfof]sf]k/Liff tof/Ldf ; mUg /x\$ pDd]j/x;nf0{ 5f]bf] b]sf] nflu ge0{ nfd] b]sf] nflu lg/Gt/ tof/L ug{k65 eG rfx65' . w} }JolQm]w} } k]sf/sf k/Liff tof/L tl/sf ; DaGwdf ; emj lbg]ub5gl . of]k]of\$ JolQmsf]cf-cfkng] z]h] xf] . cfknhf0{h; /L ; xh / ; /n a65 To; /L tof/L ug{k5{.

d]f]cgejdf cfkng]cfknhf0{lrG; Sg' kb5 . cfkng] b]h / ; an klfx; cfkng]sh]pg' kb5 . b]h klfx; G6g]s/Of ug{k65 . k/Liffdf n]vg]eifffsf]z4 n]yg, ljifoj:t; u ; DalGwt pbfx/Of / ; lx ; do Joj:yfkgfsf]

nflu cWooog ubf{g}cfkng]/Ofglltut ;kdf tof/L ug' kb5 . sg]klg ljifoj:t'cfkng]axcfoflds xg]ePsf]h] ; flx b]i6sf]af6 sh]P/ pQ/ nVg ; Sg' kb5 .

@- lghfdtl ;]fdf p]s[6 sdff/lx; cfp5g\ t/ ; fj hlg s ;]fk]fxdf ; wf/ xg ; s\$]f5g eG]hguGf; f]; lgg]u/\$f] 5 . ; fj hlg s ;]fk]fxdf ; wf/ Nofpg s]:s:tf sfo{f kl/jtG Nofpg'kg]cfjZostf dx; ; ug'ePsf]5 <

klxfn] s'/f, xdf] gkfnl ; dfh ; jefj / ; Argfn] k/Dk/fut / k/ftg z]h]sf]5 . /fhgllts kPffnl klg xdf] Itg}; fdf]hs-; f:s]ts k/Dk/faf6 lgb]zt 5 . hlt; s}cfdh kl/jtG / lj sf; sf]s'/f ul/P klg xdf] ult / dlt k'/fg]5 . p]s[6 dflgPsf lghfdtl sdff/lx; klg Tolx ; dfhs}p]kfbg xg\ . d]h]eG v]h]sf]xdf] ; dfh, zf; slo k]rng tyf ;]f kjfx ; :sf/ut g}5, >f4df lj/fnf]5f]k]h:t}.

bf]f]s'/f, zf; g Joj:yfkgfsf]nflu /fhgllts kPffnl] sdff/LtGqnf0{k]bf] ug]xf] . ; fj hlg s kzf; g gdfsf] xltof/ cfkng]rNg]xf]G . xltof/ rnfpg]g]j] lgiklf, b/bzl{ kf/bzl{ ;]fej d]l, gful/sdvl xg g; s\$]f b]v65 . lghfdtl sdff/Lsf]; xof] lnP/ s; /L cfkng]cg]shsf]gllt agfpg] ahG k]ft ug];]f / ; r'gf ufl]o /fVg] eGdf dfq s]b]t 5 . ; du] kPffnl / ; :sf/sf]; wf/df Wofg lbg ; lsPsf]5g .

t]f]s'/f, lghfdtl ;]fsf sdff/lx;sf]p]s[6tf nf\$;]f cfof]sf]k/Liffsf]clGtd kl/Offd cyf{ l; kmf/; ul/bf b]v65 . To; kl5 hlt; s}goff; f]r, hfu/, lfdtf ePsf]lsg gxf] \p; nf0{k'/fg]af]fdf sl; G5 . gj lgoQm clan k|t:kwlhf0{l; 4f6tdf lbOP h:tf]lgoQm ; u7gdf g ; fdf]hsls/Of u/f0G5, g sf]gn]eg]h:tf]sfof]j/Of / ; r'gf g]lb0G5 . lj:tf/}p; df ePsf]lfdtf, phf{k'/fg} ; :sf/df lanfpg p a]l]o x65 . olb o; f]gu/d]f p Psnsf]x65 . p; n]nf\$ l'emfpg klg hf]b]g / ; Sb]g . gk]nsf]; fj hlg s kzf; gs]; aeGbf 7hf]; d:of eg\$] kl/jtGdf t?Gt hfg g; Sg]zf; slo dfg]; stf xf].

r]yf]s'/f, gkfnl ; dhaf6 lub]uPsf]g]ts dNo df]otf xf]. o; n] sf]g]sf]kl/kfngdf ; d:of l; h]f] u/\$f]5 . To:t}dflg; x; c; fdf]hs aG]JolQmut nf\$, nfnrdf km]b}uPsf 5gl . o; n]kblo tyf kzfut ; bfrf]/tf /



lgi7fdf xf; NofPsf]5 . cfkmgf]:jfykll/t sfddf a9l / ; jfejdf sdl cfPsf]5 .

kfrf}s/f, xfdf]; fj hlgS ; jf klfxfnf0{ljZj kl/jzdf thgf ubx klt:kw{ agfpg ; s3f 5g}. sg} hdfgf dofS; j3/n}JofVof u/3f]sd(f/Lt6qsf]; Argf, :jefj / sfok{s|tnf0{cem}klg kzfisdLx2sf]u}; lgs ; Argf xf] e6b}NofPsf 5f}. ljZj sxfb}v sxif kul ; Sof]. sd(f/Lt6qsf] l; 4f6tsf] kltkfbg / kpfu kl5 NPM, NPS, NPG h:tf c? slt l; 4f6tx2 ax; / kpfudf cfp, xfdL hxfsf] Tolx 5f}. xfdln] z? u/3f]; jf s/f/nf0{; dt Jojl:yt ug{; s3f 5g}f}.

To; h] ; fj hlgS ; jfkj fxdf ; wf/ Nof0{ gkfnl hgtfsf] agfpg ; Argfut ljlgdfOf (Deconstruction) ul/g' kb5 . o; af6 kblo=/vlo dfq xf0g glltut, Jojxf/ut, sfoklqmfut kl/jt6 u/fpg' h?/L 5 . lghfdtl kzf; g dflysf] blvg}gb}vg] /fhgllts x:tlfk c6to ul/g' kb5 . ; fdflhs ; fj, ; :sf/df kl/jt6 ug{tyf ; jfej kb} u/fpg ; du] xfdf] lzlf kpfndf ; wf/ ul/g' kb5 . sd(f/Lx2sf]j]Qky -kb:yfkgf, ; ?jf, a9jf nufot_ :ki6 / k}f6dfogf]o agfpg' kb5 . ; fj hlgS kzf; gnf0{ rfbf] e6b rfbf] l8lh6nf0H8 agf06' kb5 . cem ; lfd, klt:kw{ / ; jfdvL agfpg kz:t tflnds] Joj:yf ul/g' kb5 . tflndaf6 klg sfo{fdtf ga93f]sd(f/Lnf0{cj sfz lb06' kb5 . sfo{dkfbg dNofsgnf0{; a}txsf ; xsdl{tyf ; jfufxLx2sf]k}7kff]of; u ; dt cfj 4 ul/g' kb5 .

nf3 ; jf cfofuaf6 l; kmf/; ul/g]sd(f/Lx2nf0{z2sf] b0{jif{clgjfo{?kdf -; jf, ; dxsf] kb /x} Dd_ cfkm gf] h6d:yfg jf :yfol 7ufgf ePsf l6sf sfofhodf klxnf] kb:yfkgf ul/g' kb5 . ol nufotsf yk} ljifox2nf0{Jojl:yt ?kdf ; wf/ ug5f]nflu lghfdtl ; jfsf]/ofglts dfgj ; zfwg ofhgf (Strategic Human Resource Plan) agf0{sfofj og ug{kb5 . ; 3lo lghfdtl ; jf, k3z lghfdtl ; jf / :yfglo ; sf/L ; jfar c6t/; Da6w /Vg]Go9td l; 4f6t, dfgs, dfkb08 tyf cfwf/ th6f u/l sfofj og ug{kb5 . clg dfq ; flrP h:tf] ; fj hlgS ; jfkj fxdf ; wf/ Nofpg ; l65 . lghfdtl ; jfsf] ; wf/ (Reform) dfq xf0g, kg; Argf (Re-Structure) ug{kb5 . o; sf]nflu /fhgllts tyf kzf; lgs g}l]n] :ki6 lbzf lgbz ug{; Sg' kb5 .

#= ahf/df pknAw hgziQmx2dWo}of]o, cAan / kltfejfg hgziQmx2nf0{ lghfdtl ; jftkm{ cfsliif ug{ s}st:tf sbdx2 rflg' kg}b}vgx65 <

lghfdtl ; jf leq l5g]9f3f nf3 ; jf cfofu]sf]k/Llfsf] 5gf6 kpfnl ; 6b/, ; kmf, nfenflubf]/ lgikl 5 . o; 3f] cf8 e/f] fdf l6g dWod ju3f kltfejfg gkfnl ofx2 cfsliif e0{x3f 5gl . dWod tyf pRr hljg:t/sf

clan tyf kltfejfg ofx2 cfsliif xg ; s3f 5g}g e6b km's gknf{ . o; f]xgdf k/Llff kpfnl e6b klg c6o sf/s tljx2 blv65gl .

cl3Nnf] kZg gDa/ b06f] pQ/d}klg lghfdtl ; jfsf] dVo ; d:ofx2 pNny ul/; s3f] 5' hg ; d:ofx2 cfhsf ofj k':tfsf nflu ljsif6sf sf/s ag3f 5gl . csf] lghfdtl ; jfdf dfl6s tyf u} dfl6s kf]; fxg gkfnS}lghl l6df lj sl; t xb}uPsf]; jf l6sf]thgdf sdhf} a6b}uPsf] 5 . xfn xfdf]; dfh cyf}kfh6nf0{ klxnf] kfyldstfdf /Vg]cj:yfdf ulh/x3f] lghfdtl ; jfnf0{hlj sfkfhgsf]dfl6dsf]2kdf dfq lng]ul/Psf] / u} ; /sf/L l6df lzlf / /fhuf/Lsf /df cj; /x2 b3leq / aflx/ kft xb}uPsf]h]; dt lghfdtl ; jfsf] cfsif6 36g yfn3f]5 .

km}L s; nf0{/ s:tf hgziQmf0{of]o, clan, kltfejfg e6g} sg l6df /x3f of]o, clan, kltfejfg hgziQmf0{ cfsliif ug{kgI< e6g]kZgx2 xfdf]; fd' tl; Psf 5gl . /df elgPsf :sh / snh k9g]c; n lzlfllff kPsf ofx2 j6}zs cWooog / /fhuf/Lsf]qmdf blgs ; of} ; Vofdf lj b3 knfoge}x3f 5gl . Itglx2nf0{ lghfdtl ; jfdf cfsliif ug{7hf]rgf}l 5 .

o:tf ofj t s/fx2sf]afahb klg ; sf/flds egf{kpfnl, ; jf Joj:yfkgdf cfwlgS klj lwsf]kpfu, cfsif5 tna- ; ljwf, :ki6 j]Qky, /fhgllts x:tlfkaf6 dQm ; /sf/L ; jf, ; bfrf/oQm sd(f/Lnf0{ k'/sf/ tyf ; ddfgsf] Jojxf]s Joj:yf ug{; s6f dflysf]kZgsf]pQ/ cfp5 . gg nf3 ; jf cfofun]hlt; S}/df k/Llff kpfnl kpfu u/]klg xfn h:t}cfsliif / k/Llffdf ; fdh dWo]-pknAw dWo] /df, clan / kltfejfg dflgPsfx2 -l; kmf/; eP hf6g] geP gh6g] g} lghfdtl ; jfdf cf0{xg] qmd lg/6t/ rln/x65 . tNnf] kbdf sfo{t sd(f/Lx2 g} dflYNnf] kbsf] vhf lj 1fkgSf] nflu of]o / kltfejfg x65gl . nllft hdt cg; f/sf]/ofglit agfpg' kb5 . ; jf ; ljwf / ; jf klf x kpfnl cfsif5 agf06' kb5 .

\$= ; x; lrj txsf]jt6fg kf76qmd s:tf]nfl6f< o; nf0{yk k6fj sf/L agfpg s]ug{kfnf{<

nf3 ; jf cfofun]lng]; x; lrj txsf]kf76qmd kl5Nnf] tlj jif3f]cj lwdf b0{k6ssf]kl/dfhgaf6 cem; wf/fl6v blv65 . klxnsf] e6b w} /df] 5 . o; nf0{ ; do ; f6ble5 ; jfej dVl, gofkg lbg vflhPsf]5 . t/ xfdf ; a}k/Llff kpfnl -nf3 ; jf cfofu]sf] dfq xf0g_ 1fg, ; lk, lfdtf, Od6bfl/tf hRg]e6b ; Rgf dfkg ug{vfnf 5gl . ; x; lrj txsf] tlj j6f kqsf] lnltv k/Llfsf] csn]g]l; kmf/; xg]p}d}j/f/ lgwf}Of ul/g]kl/kf6lnf0{ s}l dfqdf krf; c5sf] k:tts/Ofn]; 6thg t ug{ vfh3f] blv65 . t/ of] sltsf] k6fj sf/L 5 e6g] s/f xfdL h:tf p}d}j/n]e6b lj 1x2n]lj Zn]fOf ug{S/f xf].



j tdfg ; dodf ; *gfsf]JoJ:yfkg ug[k/Liff kPffnl dfq
ge0{sfof]df ; Dkfbg ul/g] sfd, ; lk, lfdtf, g]tstf
hrRg]tl/sf ; d] ckgfpg h?/L 5 . o; sf]nflu kSs)
7hf]clloog, cg; Gwfg tyf ; fwg ; f] nflu .

vhftk[zfvf clws[bl]v ; x; lrj tx; Ddsf k/Liffdf
tIsfnf0{axcfoldf ljifosf kf7bqmd, h; df culhl,
gkfnl / sg}Ps :yfglo efiiff] 1fg, ; *gf klj lwsf]
kpfu, ; jf/l rfns ; lk h:tf ljifox; clgjo{agfpg
; ls65 . ablnbf]b]glGbgldf ol clt cfjZos 5gl. o; n]
Psf]t/ ; /sf/l sfof]ox; n]lbg]efiiff, sDko6/, 8f0[e^a
; Da6wl vr{s6f]l xg]/ csf]t/ nf; ; Jf cfof]sf]
k/Liff lbg]pDdb]f/ cfwf/et ; lkaf6 oQm xg]bl]v65 .
o; sf]nflu efiff / sDko6/sf]k/Liff sg}Ps r/0fdf lng
; ls65 eg] ; jf/l rfns cgdltkqsf] k]tlnkl cfj]bg
ubf{g}aemfpg ; ls65 . o; n]xflsd eg]sf]sfd nufpg]
xf]g sfd ug[-sDko6/ ck/6/, ; jf/l rfns klj_ xf]
eGg] ; Gb; lb65 . pDdb]f/ cfknh]klj af]w u5{.

casf]sdff/LtGqnf0{axcfoldf ?kdf ; lfd, k]t:kwl{
of]o / ldtJool agf0g' kb; . pDdb]f/x;sf] ; a}u0f
t nf; ; Jf cfof]un]k/Liff ug{; Dej gxf]hf . t/ klj
klj;af/ d}clwstd ?kdf hrRg]JoJ:yf ug{/fdf]x65 .

%= nf; ; Jf cfof]k]tsf]hgljZjf; nf0{cem j [4 ug{s]s:tf
ljifodf yk ; wf/ ug{cfjZos /x;f]dx; ; ug{ePsf]5 <
nf; ; Jf cfof]un]k/Liff blz]f, :jR5tf, t6:ytf, lgi7f
h:tf klfx; arfpb} cfknh] ul/dfnf0{ sfod /Vg

; km ePsf] 5 . ; j]vflgs / sfg]l lhDd]f/L ; xl
; kdf lgj]f; ub;cfPsf]of]fx;sf]ljZjf; sf]s]bl ag;f]
; /sf/l lgsfod]no]nf; ; Jf cfof]u cuf]8 5 . To; h]
cfof]uaf6 jif]l ul/g]lj 1fkgx;df pDdb]f/x;sf]; Vof
a9b}uPsf] 5 . ; fj h]gs ; Jfnf0{cfw]gs klj]w; lu
hf]Bb}nu;f]nf; ; Jf cfof]usf]xfn; Ddsf]uf]j, lgi7f
/ hgljZjf; nf0{arf0{/Vg' dx]j k0f{ 5 . o; sf]nflu
cfof]usf] sfd; lu ; Da4 ; a}sdff/L, kbflwsf/Lx;
0dfGbf/ xg' kb; . k/Liff kPffnlcf ckgf0Psf goff
lj]wx; k/Liff0sf] ; kdf ge0{; km ; kdf kpfu ul/g'
kb; . nf; ; Jf cfof]un]cfknh] :jR5 / lgi7fk0f{
sdfs]cem}; lx ; -rf/ ug{g; ls/x;f]h:tf]nflu5 .
o; nf0{cuf]8 a9fpg' kb; .

kb; nf; ; Jf cfof]u -cfwf/ / dfkb08_ P; , @)&% nfu"
e0{ s;f]cj:yfdf ca u7g xg]; ftj6}kb; nf; ; Jf
cfof]uaf6 cfknh]ckgfPsf]l; 4f6t / dfkb08 cj]nlag
u/fpg lgs}rgf]lk0f{ 5 . kb; nf; ; Jf cfof]ux;sf]
sfo{lkfbgn] xfn cfof]un] sfod /v;f]; fvd] sg]
k]sf/sf]cfr cfpg glbg ; hu xg' kb; .

nf; ; Jf cfof]usf]sfdn]; a}l; , ju; ; dbfo, ln- /
; ldf]ts]t JolQmx;df /fi6x]tsf]efjgdf ; sf/]ds cfwf/
/ ljZjf; l; h;f ub;nu;f]5 . o; sf]lg/6t/tfs]nflu
; do ; f;f kf7bqmd, k/Liff tyf k/Liff kPffnl, c6f]z;g
lj]wnf0{ ckgfpg} n]h'g' k5{ . cf0k/]sf axcfoldf
rgf]lx;nf0{cj; /sf] ; kdf ln0{cuf]8 a9g' kb; .



लोक सेवा आयोगबाट आ.ब. ०७५/७६ मा नेपाल व्यवस्थापिका संसद सेवा, रा.प. प्रथम श्रेणी, सहसचिव पदमा खुला (महिला) तर्फ पदमा लिइएको परीक्षामा सफल हुनु भएको श्री निर्मलादेवी लामिछानेसाँगा जारिएको अन्तर्वार्ता :

!= gkfn JoJ:yf]ksf ; #b ; Jftk[; x; lrj kbdf]k]t:kwf]af6
5gf6 e0{sfof]f/ ; d] ; Dxf]g' ePsf]df awf0{ 5 .
k]tofl]ut]f]ds k/Liffaf6 ; km xg s;:tf ljifoj:tx?
clloog ug[k]g]/ pQ/ n]v]f s:tf s'/fx?nf0{dx]j lbgkg]
/x;f < cfknh]cgejsf cfwf/df nf; ; Jf tof/ldf ; mlj
/x;f pDdb]f/x?nf0{s:tf}; emfj lbgx65 <

; j]kyd cfknh]cgej k]t:tf ug{cj; / lbg' ePsf]df
; Ddf]gt nf; ; Jf cfof]usf]sfof]no Pj+ oxk]t xflb;f
st]1tf 1fkg ug{rfx65' . d JoJ:yf]ksf ; #b ; J]fsf]
; x; lrj kbdf nf; ; Jf cfof]usf]k]tikw]ds k/Liffaf6
5gf6 e0 ldt @)&%:!)& ut]l]v ; 3lo ; #b
; lrjfnosf]sfof]nodf lgoQm ePsf] 5' . k]zgsf]; Gbedf
s]l]bt e0 pQ/ lbbf k]tofl]ut]f]ds k/Liffdf ; km xg s]
s:tf ljifox? clloog ug{k5{eGg]; jfndf nf; ; J]fsf]
tof/ldf ; mlj /xl /fi6x]fdf klj; ug]p]s]6 clenfiiff

k]Ngxg] pDdb]f/ ; fylx?nf0{ kf7bqmd, k/Liff kPffnl,
ljifoj:thf0{uxg?kdf aemg h?/L x65 . kf7bqmdsf]
cfzo / kbsf]ck]f]sf]cfwf/df wf/0ff, 1fg; lk, clej]Q,
t]f]s] ljZn]0f, ; d:of ; d]wfgsf]j ; t]gi7 pkfo cj]nlag
ug]kb; . /fi6o kqklqsfsf]lgoldt clloog, syllabus
df ePsf ljifoj:t' ; Da6wdf lj1x?sf]cflwsf/s n]v/
/rgfx?,ljifol]f; Da6wl ; j]vflgs lgsfosf k]t]bgx?,
lj]leGf d]qfno Pj+ ; /sf/l ljefusf cBf]lws j]k]hx?,
hg]lghfdlt klqs, /fi6o Pj+c6t/fi6o kl/j; , gjlg
klj]Q, 066/g6df cfwf]/t >f]x?, jhf/df cfwf]/t ; Gbe{
; fdu]x? pko]u ug{k]ef]sf/L x65 . d]f]JolQmut ; Gbedf
s/f ubf{clloognf0{ ; sf/sf] ?kdf d]h]lj]sf; u;f]f]
5' . hg]lxhf]lyof]cfh 5 / efl]n xg; . ctM ; Dk0f{
pDdb]f/ ; fylx?nf0{ptk]l]t, b; ; s]Nkt / k]t]4
eP/ lg/6t/ nflu kg{d cg/f]w ub;f' . ; sf/]ds ; f]sf



; fy dNo kj WgTds tj/n] tYo, 36gf / kl/j znf0{ Critical Analysis ug{ / l; s\$]f s'fnf0{ cfj Zostfgsh Transfer ug{kb5 . Demand Based Answer tYo, ts[kpofsf] ; ofhgn] pQ/ emg} : jflbi6 jgfpb5 . ; kmntf ; a\$]f kxrfdf 5 t/ OR5fzIQm eg] h?/L 5 . kf7bqmd ; da4 /fli6o, c6t/fli6o cfly\$, ; fdfhs, ljsf; fids kl/j zsf] hfgsf/L Pj +l; 4ft / Jojxf/ jlrsf] l/Qmtf kOfnuf0 gj kj tGfTds Pj +sfofhs bli6sf]sf] k: t]ts/of g} ; kmntfsf] cfwf/ x]eG]d]f] 7Dof0 5 . 1fg Joj : yfkg, dNo Joj : yfkg, ; do Joj : yfkg, t]ls\$ ljZn]fOf / ; d:of ; dfwgsf] /Ofgl]t, sfoG]lt / ljsNk klxrfg / kpfOf]s/of h:tf klfd klg Wofg lbg' kb5 . ct M n]vgdf Knowledge, Skill, Attitude, Values, Analysis, synthesis, Evaluation, Solution, Action Plan h:tf ljifo cfj Zostf cg?k ; ofhg ug] snf klg cfj Zos kb5 .

@- lghfdtl ; jdf p]s[6 sdff/lx? cfp5g\ t/ ; fj h]lgs ; jfkjfxdf ; wf/ xg ; s\$]f] 5g eG]hguGf; f] ; lgg]u/ \$]f 5 . ; fj h]lgs ; jfkjfxdf ; wf/ Nofpg s]s:tf sfoGf kl/j tG Nofpg' kg]cfj Zostf dx; ; ug{ePsf]5 <

nf\$; jf cfof]j]f6 5gf6 ePsf sdff/lx? lgzro g} of]otf]fg x65g\ . o; df bljwf 5g t/ ; fj h]lgs ; jfkjfxdf ; wf/ xg g; s\$]f] hguGf; f] lj Bdfg ePsf] kl/j zdf sfof]lwut kl/j tG Joj : yfkg ug{ h?/L 5 . of]otf / lfdtdf cMfn dflgPsf sdff/l hg pT]k]Of / dg]nsf ; fy kj z ub5g\ ; f] cgShsf] Right Human Resource in Right place b]VbG . sdff/lx?sf] lfdt tyf 1fg Joj : yfkgnf0{ ; #yfsf] cfj Zostf; # tie up ug{ ; Sgk5{ . ; do ; dodf sdff/lx?nf0{ t]lnds]f] Joj : yf, sdfs] cj ; /, j: tut dNofsg / >f] ; fwg]sf] pknAwtf ; d] h?/L kb5 . d]f] c]k]g]f] cgej / kl/j z cjnf\$g ; d] ljZn]fOf ubf{ sfof]odf Joj : yfks tyf g]l]n] Discretionary Power sf] cgSh pkof]sf] cj : yf ck]l]ft ?kdf sdhf] b]V65 . sfof]odf cg]k]r]l/s ; d]sf]k]efj x]j] xG]xbf Organizational context, culture, climate nf0{ ; #yfsf] Vision, mission, goals, Strategies ; u t]nd]h ldn]pg' kb5 . sfo]t Pstf / ; #g]f]ds Jojxf/nf0{ r:t b?:t agfpg ; fj h]lgs hjfk]b]xtf, g]tstf / Joj ; flostfsf] kjwg ug{ cfj Zos 5 . d]f] ljrf/df visionary leadership, Dedicated Sta , Learning Organization, Conducive work Environment, Information Sharing h:tf klfd Wofg lbgkb5 . ljz]ft sdff/l kb: yfkg, ; ?]f / a9]fnf0{ j: tut dfkb08df cfwf/t agfpg ; lsof] eg] klg j tGf] ; d:of slx xb; Dd s6f]l ug{ ; ls65 . pRRf, g]ts cfr/Of, sfdk]tsf] lgi7f, ; jfej, t6: ytf, lgiklftf, vhfkg, kf/blz]f tyf hjfk]b]xtf h:tf klfd Wofg k'ofpg' klg plOs} h?/L 5 . o: tf] sfo]k]4]tut ; wf/sf] gdGf pRr k]z; s tyf g]l]j / Joj : yfksn] b]v]pgfn] o; sf] ; fdfhs k]efj ; sf/f]ds /x65 .

#= ahf/df pknAw hgziQmx?dWo]of]o, cAan / kl]tefjfg hgziQmx?nf0{ lghfdtl ; jftkm{ cfsliif ug{ s]s:tf sbdx? r]flg' kg]b]vgx65 <

of]o cAan / kl]tefjfg hgziQmf0{ lghfdtl ; jdf cfsliif ug] h:tf klfd Wofg lbg' cfj Zos x65 . lfgut cfj Zostfsf] cfwf/df kl]tef klxrfg / nufgl ug{ ; DalGwt hgziQm of]hgf, pT]k]bg / pkef] ug] lgsfo jlr lqklflo ; Dmf]f ug{ klg h?/L x65 . lghfdtl ; j]sf] ; fV / ; Ddfg h]f]fpg, gful/s ; Ddfg cfhG ug{ / l9nf; :tl / e]6f]r]f]sf]cf/f]k]af6 lghfdtl ; j]fnf0{ z]4s/of ug{ ; sd]f /fi6k] / ; j]fej ePsf cMfn sdff/l]sf] klxnf] / f]h]f0{ lgzro g} lghfdtl ; j]f xg\$. ; Arg]ds / sfo]lwut kl/j tG Joj : yfkg Pj +ef]ts, g]ts / jftfj/of]o klfd klg pbfx/of ag' agfpg' cfj Zos 5 . nf\$; jf cfof]un] k/fdz]b]of eldsdf cAan / kl]tefjfg sdff/l]sf] kl/rfngsf] kf6f]f ; dm] lb0 ; /sf/nf0{ ; r]ls/of ug{kb5 . lfdt]fgx?sf] dg]n pRr kfg] lbzdf nf\$; jf cfof]sf] lgikl eldsf k]bzGn] ; j] lgsfonf0{ ; sf/f]ds ; Gb]z kjfx ub5 . nf\$; jf cfof]un] klxnf] kb: yfkg ; d] u]8- / of]otf]qmdsf] cfwf/df ug{ ; s] j: tut Joj : yfkg]sf] ; k]f]of ; a] lgsfodf kb5 . lghfdtl ; j]sf] uOf: t/ j]4 / k]j]l g} hgziQm leq]b]pg] cfwf/ xg\ .

\$= ; x; lrj txsf] j tGf]g kf7bqmd s:tf] n]l]of] < o; nf0{ yk k]efj sf/l agfpg s]ug{knf} <

nf\$; jf cfof]sf] ; x; lrj txsf] j tGf]g kf7bqmd 1fg, ; lk / sf]zn dfkgsf] bli6sf]fn] cMfn 5 . ; jf kjfxnf0{ k]efj sf/l jg]pg / ; z; g kj 4G ug{ g]tstfsf] v8]l k/\$]f] j tGf]g kl/j zdf g]ts cfr/Of, Joj : yfkslo cfodsf] Joj x]f/s pkof]u, hjfk]b]xtf kj 4G / Emotional intelligence dfkm] ; j Joj : yfkg / ; d] Joj : yfkgdf o; n] ; xof]u k'/b]Psf] 5 . d] j] tGf]g kf7bqmdnf0{ 1fg, ; lk / dNof] lqj]f]sf] ?kdf kfPsf] 5' . o; nf0{ yk k]efj sf/l jg]pg uOf dfks k/l]fd klg k/l]f]yl\$]f e]j] sfof]odf cf0kg] 1fg, ; lk / dNof] k]f]of] tG xG]u/l k]z; ; d] j] i6 u/] emg} ; gdf ; uGw x65 h:tf] dnf0 n]l]b5 .

%= nf\$; jf cfof]u kl]tsf] h]l]z]f; nf0{ cem j] 4 ug{s]s:tf lj ifodf yk ; wf/ ug{ cfj Zos /x\$]f] dx; ; ug{ePsf] 5 <

lgiklftsf] kf/vl tyf /fi6x ; jdf ; dlk] xg rfxg] ?sf] n]lu nf\$; jf cfof]u cf: yf, ljz]f; / e/]f] sf] w/f]x/ x]f . c]k]g]f] lfdtdf uj{ ug] ?n] lgzro g} nf\$; jf cfof]sf] k/l]fd ; f]h] xg]x65 . lj 1 Joj : yfkg]sf] n]lu c6t/fli6o : t/sf] dfkb08 Joj : yfkg ubf{ k]efj sf/l xG] b]V65 . nf\$; jf cfof]udf ; di6lut k]k]t° sf] kf/blz]f ug] sfo{ ug] / kl]to]l]ux?n] c]k]g]f] : t/ c]fsng ug] cj ; / k]k]t u/]df uOf]d]stf j]4df k]f]of] Pj +k/]f] k]efj /x65 . pQ/ kl: tsf k/l]f]ofnf0{ lqklflo 9f]r]df nfg; s] emg} k]efj sf/l x65 . ; dupf nf\$; jf cfof]u h]l]z]f; k]k]t ; Ddf]gt ; #yf x]f .



af/Daf/ ; flwg]k]gx? (Frequently Asked Questions)

आयोगको काम कारबाही सम्बन्धी समसामयिक विषयमा सरोकारवालाहरुबाट पटक पटक सोधिने प्रश्न र सो सम्बन्धी जानकारीमूलक विषयवस्तु :

!= cfof]sf]lj 1fkg lgoldt tflnsf afx\$ c6o ; dodf vllb5 jf vllb5 < ; fdfbotof cfof]un] cfof]af6 :jls[t u/f0{lgwf{of u/}f] kbkt' ; Da6wl jflif\$ sfo{f]nsf cg?k g}lj 1fkg k]sfzg ug] ub5 . t/ g]kfn ; /sf/af6 lj zif cj :yfdf lj 1fkg vhfpg dfu u/}f cfjzostf cg' f/ lj 1fkg k]sfzg ug{ ; lsg]JoJ :yf /x\$]5 .

@= nf\$; Jf cfof]af6 ; ~rfng ePsf]k/Llffsf]k]k]t'f s:tf] cj :yfdf xg] ; lsg]5 < nf\$; Jf cfof]af6 ; ~rfnt lnltv k/Llff p0l0f{ u/L c6tjff{df ; fdh e0{ s\$]f] pld]j/n] c6tjff{sf] glthf k]sfzg ePsf] ldltn] & - ; ft_ lbg kl5 & - ; ft_ lbg ; Dd ; Dal6wt pld]j/n] cfk]h] k]k' u/}f sh k]k' cfof]sf] j\$; f06df /x\$]f] lgdg lns <http://psc.gov.np/advertise/advertise/user> af6 xg] ; lsg]JoJ :yf 5 .

#= c6tjff{df z]lfs of]otf jfktsf]c] ; Da6wdf s]k]jwfg /x\$]5 < nf\$; Jf cfof] -sfo{ ; ~rfng_ lgb]zsf, @)^& df 57f} ; zflvgn] cfly\$ jif{ @)%&^ af6 xg] lj 1fkg cg' f/ cfof]af6 ln0g] vNnf k]toflutfls k/Llffsf] of]otfmd ; Fl tof/ ubf{ pld]j/n] xff ; n u/}f] z]lfs of]otf afkt c\$ k]pg ul/g]5] e6g]k]jwfg /flvPsf]xbf z]lfs of]otf jfktsf]c\$ u0fg ug]k]jwfg /x\$]5] .

\$= clud ; fdlxs 5nkmsdf efu lng k/}f s ; /l lng ; lsg]5 < lnltv jf k]p]l]ds k/Llffsf]k]k]lzt glthdf ; dfj z ePsf] sg] pld]j/n] dgfl ; j sf/of hgf0{ ; fdlxs 5nkmsf nflu tfl]Psf]ldlt e6bf cuf]8 ; f]kbsf] ; fdlxs 5nkms ; Dk6g gxb) ; fdlxs 5nkmsf]k/Llff ln0lbg ; f\$]f sf/of pNny u/L ; fdlxs 5nkmsf nflu tfl]Psf] ldlte6bf cuf]8 g]lg]bg lbPdf / lg]bg]sf]Joxf]f dgfl ; a b]vPdf cfof]un] To:tf] Jo]Qmsf] nflu clud ; fdlxs 5nkmsf] k/Llff lng]JoJ :yf ug{ ; lsg] k]jwfg 5 . o ; /l lg]bg k/}f ; f]k] kbsf]c6tjff{clud ?kdf ; dfj z ug{ ; lsg] eP ; f]k] lj 1fkgdf / g ; lsg]eP c6o ; Jf ; d]xsf]ldNbf] lj 1fkgdf ; dfj z ug{ ; lsg]5 . t/ lgh pld]j/n] /x\$]f] kbsf] c6tjff{ sfo6md ; Dk6g e0 ; s\$]f] eP ; fdlxs 5nkmsf]k/Llffdf ; dfj z u/fpg ; lsg]5] e6g]k]jwfg /x\$]f]5 . ; f]gfsf]xs ; ; Da6wl P6, @)^\$ sf] bknf % sf] pkbknf -#_ tyf ; f]gfsf]xs ; Da6wl lgodf]nl, @)^% sf] lgod -#_ adfl]hdsf] ; f]h]lgs lgsfox?n] ug]k]g] :jtm k]sfzg (Proactive Disclosure) ; Da6wl ; f]h]lgs ul/Psf] lj j/of .

%= lghfdtl sd{f/Ln]c6o gf\$]L jf ; Jf ug{xg]gxg] ; Da6wdf s]s:tf JoJ :yf 5 < lghfdtl ; Jf P6, @)^\$(sf] bknf \$(s-l_ df lghfdtl sd{f/Ln]c6oq gf\$]L jf ; Jf ug{gxg] ; Da6wdf lghfdtl

sd{f/Ln]c6oq sg]k]sf/sf]gf\$]L ug{jf cfly\$ nfe jf sg] ; ljwf k]k't ug]u/L k/fdz]ftf ; Nnfxfsf/ ; ljzif1 jf sg]x] ; otn] ; Jf k]pg ug]sfo{ug{x]b] e6g]JoJ :yf ul/Psf]5 . ; f]k] bknf]pkbknf -@_ df lghfdtl sd{f/Ln]ubf{afw gklg]b]fosf ljifox?sf]JoJ :yf ul/Psf]5 M

-s_ cfk]g] kblo st]o kngfsf] jf clwsf/ k]k't clwsf/Ln]t\$]f]jif nufPsf]sfo{ubf\$]l ; nl ; nfd s ; h]f0{ ; Jf k]pg ug{

-v_ k]rnt sfg] adfl]hd clbog ljbf ln0{ :jb]z jf lj]z] z]lfs ; :yfdf clbog ubf\$]f]avt ; Dal6wt z]lfs ; :yfdf sg] ; Jf k]ofpg jf To:tf] ; :yfn] nufPsf]sg]sfo{ug{

-u_ /fl6o jf c6t/fl6o z]lfs, k]l1s jf cg' ; Gwfgdhs ; 3 ; :yf jf g]kfn ; b:o /fi6 /x\$]f] lq]lo jf c6t/fl6o ; 3 ; :yfsf] ; Jf ; Dal6wt ; Jf ; dx, pk ; dxsf] nflu pkof]l xg]b]v] clVtof/jfnfn]labf jf sfh ; jls[t u/}f] ; Dal6wt lgsfodf ; Jf ug{

-3_ clVtof/jfnfn] :jls[t ln0{ g]kfn ; /sf/sf] glt lj k/Lt gxg] u/L ; j]b]z jf lj]z] :yt sfo6mdf ; xeful xg, k]rg lbg jf sfo6k]k'tt ug{

-a_ clVtof/jfnfn] k]k' :jls[t ln0{ sfo6o ; do afx\$]f] ; dodf z]lfs, k]l1s jf k]zlf0f ; :yfdf k]zlf0f jf cg' ; Gwfg ug{

-r_ g]kfn ; /sf/4f/f ; ~rfnt jf g]kfn ; /sf/sf]k0f]j cf]z :jfld] jf lgo6q0df /x\$]f]k]zlf0f ; :yfdf sfo6osf]sddf jfwf gkg]ul/ k]zlf0f ; D]l6w sfo{ jf cg' ; Gwfg ug{

-5_ sfo6osf]sddf jfwf gkg]u/L dfj sNof0f, k/f]k]sf/ jf ; fdlhs enf0\$ nflu ; Jf k]ofpg, cfly\$ nfe jf sg] ; ljwf gng] sfo6osf]sddf afw gkg] / g]kfn ; /sf/sf]clxt gxg]u/L cfk]g] k]z]ut ; #7g jf c6o sg] ; fdlhs ; :yfdf cfa4 xg - :ki6s/of v08df o ; v08sf]k]p]h]gsf]nflu ... fdlhs ; :yfl e6gn] ; fdlhs cfjzostf k/f ug] l ; nl ; nfd k/Dk/f b]v] ; dbfodf cfwfl/t e0{ ; dfhd lq]m]zn /x\$]f] ; fdlhs ; 3 ; :yf ; Demg' k5{/ ; f]z]bn]k]rnt sfg] adfl]hd btf{ ePsf ; flxto, snf, ; #s]t, v]hsb, ; ut, lj 1fg, wd{ jf o:t} c6o sg] ; ljwf jf lq] ; lu ; Dal6wt ; :yfn0{ ; d] h]ff]5 e6g] pNny 5_ ; fy)nf\$; Jf cfof] jf ; f]h]lgs lgsfoaf6 kbkt' nflu ln0g] k]toflutfls k/Llffsf] k]spdf ; mlg xg] sd{f/Ln]To:tf]k]zlf0f sfo6mdf k]zlf0f lbg / To:tf]k]zlf0f sfo6mdf k]zlf0f lbPsf] Jo]Qm] To: k]5 Psaf{ ; Dd ; ~rfng xg] To:tf]k/Llffsf] k]spdf ; mlg xg k]pg]5] .ll e6g] ; d] JoJ :yf ul/Psf]5 .



:j tMk\$zfg (Proactive Disclosure)

q#; #	lj/Of	Jo; yf			
!=	lgsfosf]:j k / kst	; jwflgs lgsfo			
@=	lgsfosf]sfd, stfo / clwsf/	gkfnsf]; ljwfgsf]wf/f @#\$ df Jo; yf eP adf]hd .			
#=	lgsfodf /xg]sd{f/l ; Vof / sfo{lj/Of	ljleGg kbsf #((hgf -/fhkqflst >0fltkm{!#@, /fhkq cglst >0fltkm{!^! / >0fl ljxlgtkm{ !)^_sfo{lj/Of w}]kbsf]/x\$fh] sfofnodf ; Dks{u/l x0}; lsg5 .			
\$=	lgsfoaf6 k0fg ul/g] ; jf	dfu tyf k0klt{lglifof, dfu ; sng, kltzt lgw{0f, lj1fkg=: r0f k0sfzg, k/lif ; -rfng, c0tjff{5g0 tyf l; kmf/; ; ljwfg tyf P0, lgoddf pNnlvt ljifox? -lgol0m a9jf, ljefulo sf/jxl, ; dfo l; 4ft, ; jf zt{ df k/fdz{dfu e0{cfPd k/fdz{k0fg, ph/l pk/ 60f]nufpg] cflb .			
%=	; jf k0fg ug] lgsfosf]dxzfvf / zfvf / lh0djf/ clwsf/l	q#; # dxzfvf / dxzfvf k0vsvf]gfd	zfvx?sf]gfd	zfvf k0vx?sf]gfd -pk; lrj_	
		!=	kzf; g tyf ofhg dxzfvf	s_ ; r0f tyf k0sfzg zfvf	>l b]lk; fb ; j0l
			>l hfgsl /fd zdf{ a/fn	v_ kzf; g zfvf	>l l8Nnl/fh kfj/vh
				u_ cfly\$ kzf; g zfvf	>l k?iff0d zdf{
		@=	c0tjff{tyf l; kmf/z dxzfvf ; x; lrj >l ls/of/fh zdf{	3_ ; r0f ; -rf/ kljw zfvf	>l /d0 zdf{k0fh
				s_ k0gkq kl/dfh0 zfvf	>l r/fdlof d/fl; gl
				v_ c0tjff{tyf l; kmf/; zfvf	>l /d0 d0fnl
		3.	k/lif dxzfvf ; x; lrj >l k0k; fb k0fh	u_ k0gkq kl/dfh0 zfvf -; /lff lgsfo tyf ; 07t ; #yf_	>l /fhg /f0{
				s_ k/lif ; -rfng zfvf	>l ; 0t]k; fb bxfn
				v_ lnlt k/lif glthf tof/l zfvf -kf]jws_	>l sznf k0fh
		\$=	k/lifof kljw tyf kf7bqnd dxzfvf dVo dgflj 1fgj 0f 8f= vu0k; fb ; j0l	u_ lnlt k/lif glthf tof/l zfvf -ckf]jws_	>l hu0gy a/fn
				s_ k/lifof kljw zfvf	>l ; d0fn zfSo
				v_ kf7bqnd tyf dNof°g zfvf	>l s]of lh= l=
		%=	sfg0 dxzfvf ; x; lrj >l wd{fh s0\$fh	u_ cg; 0wg tyf ljsf; zfvf	>l gj/fh n0; fn
s_ glt lgod tyf clen0 zfvf	>l s0j zdf{				
^=	; /lff lgsfo tyf ; 07t ; #yf dxzfvf ; x; lrj >l lszi]h# sfls{	v_ ph/l tyf ljefulo ; hfo k/fdz{zfvf	>l /fdk; fb n0; fn		
		s_ lnlt k/lif ; -rfng zfvf	>l gf/fo0k; fb 1jfnl		
		v_ lnlt k/lif glthf tof/l zfvf	>l 00j/lk; fb cofh		
		u_ lnlt k/lif glthf k0sfzg zfvf	>l ; b0k; fb ; fks0f		



qm; =	lj/Of	Jo; yf
^=	; Jf kft ug{nflg} b:t/ / cjlw	sdfs]k t cg; f/ km/s km/s xg]. cfof]sf]gful/s j8fkqdf pNn]v ul/Psf].
&=	lgOf6 ug[k]qmf / clwsf/L	5nkim, sfo6n, l6KkOfL, k:tfj . -gful/s j8fkqdf pNn]v ul/Psf]
*=	lgOf6 pk/ ph/l ; G]clwsf/L	clwsf/ k]fof]hg cg; f/ ; x; lrjx?, ; lrj, cfof]sf dfgglo ; b:ox?, dfgglo clwlf, ; Dal6wt cbfntx? .
(=	; Dkfbg u/\$f]sdfs] lj/Of	dfu tyf k klt\$]lg/LlOf, dfu ; sng, k tzt lgwf{Of, lj1fkg, ; Rgf k sfzg, kf7bqmd lgwf{Of, z]fs of]otf lgwf{Ofdf ; xof], k/Llf ; -rfng, pkoQm p]d]bjf/sf] 5gf6 tyf l; kmf/z, a9jf ph/Lsf]; G]f0{ k klt{; Da6wl ; fdf6o l; 4f6tx?sf]lgdf6, ljefulo sf/jfxl nufot ljifodf k/fdz{dfu e0{cfPdf k/fdz{k pfg cflb .
!)=	k dv ; Rgf clwsf/Lsf]gfd / y/	k dv dfgglo clwlf >l pdzk; fb d6fnl ; lrj >l dx]bk; fb u/fuf0f ; Rgf clwsf/L >l b]lk; fb ; j]l -pk; lrj_
!!=	cfof]n]cf6g] sfo{Dkfbgsf qmddf cfw/ Ing]u/\$f P6, lgod, ljlgod jf lgb]zsf]; Rl	3 gkfn] ; ljwfg 3 nf\$; Jf cfof] P6, @)^ tyf nf\$; Jf cfof] lgodfjnl, @)^& 3 lghfdtl ; Jf P6, @)\$ (tyf lghfdtl ; Jf lgodfjnl, @)% 3 gkfn :jf:Yo ; Jf P6, @)%# tyf :jf:Yo ; Jf lgodfjnl, @)%% 3 Joj:yflksf-; #b ; lrjfn0 ; Da6wl P6, @)^\$ tyf Joj:yflksf-; #b ; lrjfn0 sdf/l kzf; g lgodfjnl, @)^% 3 ljle6g ; Jf, ; dx ; -rfng ; Da6wl k rint P6 tyf lgodfjnlx? 3 ; /lff lgsfox? -gkfnl ; G]f, gkfn kx/L, ; z:q kx/L an gkfn, /fli6o cg; Gwfg ljefu_ tyf ; u]7t ; #yfx? ; Da6wl P6, lgodfjnlx? 3 ; u]7t ; #yfsf sdf/lx?sf]; J]sf zt{; Da6wl sfg6, a9jf / ljefulo sf/afxl ; Da6wl ; fdf6o l; 4f6t, @)&\$ 3 nf\$; Jf cfof] -sfo{; -rfng_ lgb]zsf, @)^& 3 nf\$; Jf cfof]sf]sfo{k4lt lb]bz6, @)^& 3 nf\$; Jf cfof]sf kbflwsf/L Pj +blf=lj 1 / sdf/lx?sf]cfrf/ ; lxtf, @)^(3 nf\$; Jf cfof]af6 hf/L ljle6g lgb]zsf tyf nf\$; Jf cfof]sf ; do-; dosf lgOf6x? 3 ; j]r cbfntaf6 k tkflbt glh/x? 3 nf\$; Jf cfof]af6 k tkflbt l; 4f6tx? 3 c6o k rint P6, lgod / lgb]zsf?
!@=	cf]bfgl vr{tyf cfly\$ sf/faf/ ; Da6wl cBj lws lj/Of	cfly\$ kzf; g ; Da6wl lj/Of ; Dal6wt zfvaf6 dfl; s ?kdf cfof]sf]; Rgf kf6ldf ; fj h]gs ug[u/\$f]
!#=	tf]sP adf]hd c6o lj/Of	
-s_	; fj h]gs lgsfosf] j]; f06 eP ; f]sf] lj/Of	website: www.psc.gov.np email: info@psc.gov.np
-v_	; fj h]gs lgsfosf ; Rgf? c6oq k sfzg ePsf]jf xg] eP ; f]sf]lj/Of	cfof]sf] j]; f06 www.psc.gov.np x/\$ awaf/ uf]vfkqdf lgoldt ?kdf -cfjZostf cg; f/ c6o af/x?df klg_ cfof]af6 k sfzg xg]ah]6g -; Rgfkg_, /]8of]gkfn -k]o\$ awaf/ /ftl (M) ah\$]; dfrf/kl5_ df k sfzg tyf kzf/Of xg].



նֆՅ ; յֆ շօֆլլ շղտսֆ լցսֆօx?sf ; Իրց շլսֆ/լx?sf]լյյ/Օֆ

զմբ; ք	լցսֆօx?sf]ց֪ժ	; Իրց շլսֆ/լսֆ]կb, ց֪ժ / y/	սֆօֆոսֆ] ; Ծկս{ցք
9.	նֆՅ ; յֆ շօֆլլ, ցցսֆ սֆօֆո	zfvf clws[t, >l կֆսz u?.	026-Վ20930, 9542040339
2.	նֆՅ ; յֆ շօֆլլ, հցսկ/ սֆօֆո, հնչյ/	zfvf clws[t, >l lbkչսժ֪/ eif	088-Վ20949, 9562290295
3.	նֆՅ ; յֆ շօֆլլ, սֆ7ժֆ8ֆ}սֆօֆո	zfvf clws[t, >l nldk; fb k/fhhl	09-8994533, 9589838499
8.	նֆՅ ; յֆ շօֆլլ, կֆյ/ֆ սֆօֆո	zfvf clws[t, >l /կցյ ցֆրօ{	069-863984, 9586049622
4.	նֆՅ ; յֆ շօֆլլ, aban սֆօֆո	zfvf clws[t, >l ltnsk; fb ցֆրօ{	099-Վ80209, 9549025000
6.	նֆՅ ; յֆ շօֆլլ, ; Վի սֆօֆո	zfvf clws[t, >l e/t vցֆn	053-Վ20906, 9585094446
9.	նֆՅ ; յֆ շօֆլլ, lbkֆոն սֆօֆո	zfvf clws[t, >l xl/axfb/ rցb	098-880989, 9585989363
7.	նֆՅ ; յֆ շօֆլլ, Օն֪ժ սֆօֆո	zfvf clws[t, >l xl/k; fb կֆՅի	029-Վ20062, 9585039946
9.	նֆՅ ; յֆ շօֆլլ, Վժֆ ^a սֆօֆո	zfvf clws[t, >l /֪ժկ; fb ցֆրօ{	036-820999, 9589599465
90.	նֆՅ ; յֆ շօֆլլ, xֆֆֆ սֆօֆո	zfvf clws[t, >l slj tf ufժd	049-Վ20302, 9549948909
99.	նֆՅ ; յֆ շօֆլլ, յլն ^a սֆօֆո	zfvf clws[t, >l lj Gbb]l zժֆ{	065-Վ22649, 9549633833
92.	նֆՅ ; յֆ շօֆլլ, bֆ ^a սֆօֆո	zfvf clws[t, >l lj iֆկ; fb ցֆկֆց]	052-Վ20093, 9545320436
93.	նֆՅ ; յֆ շօֆլլ, հժնֆ սֆօֆո	zfvf clws[t, >l lj ho ufժd	059-Վ20005, 9549929208
98.	նֆՅ ; յֆ շօֆլլ, dxլbցu/ սֆօֆո	zfvf clws[t, >l vuլbկ; fb eՅ	099-Վ29209, 9586409599
94.	նֆՅ ; յֆ շօֆլլ, b/vf:t Joj :yֆkg sլbլ	zfvf clws[t, >l gj /fh h}l	09-8999294, 9549999999

; Իրցսֆ]xs ; Ծaցլ քղ, @)^\$ tyf lgօժյ nl, @)^% adլլhd շօֆլլ / ժֆտսֆ լցսֆօx?af6 ; Իրց ժֆ / կմծաֆսֆ ; Ծaցլ լյյ/Օֆ

զմբ; ք	; Իրց ժֆ սֆ]ց֪ժ / 7լլց֪	ժֆ egՓսֆ] ; Իրցսֆ] լյյ/Օֆ	; Իրց ժֆ eՓսֆ]լժլ	կմծաֆսֆ]լյյ/Օֆ	կմծաֆսֆ] լժլ
!=	Zօժ; fb ցxժb / dxժdb ցֆյսմղ ցքֆ/լ afuah/ #!, սֆ7ժֆ8ֆ}	ցկֆնսֆ] ; կքցսֆ] ցֆ/ֆ %! ժֆ nլվՓսֆ] ; ժֆլհս ցօֆ / ; ժյ շլս/Օֆ ; Ծaցլ ցլտսֆ] կցցց ցu/լ lj 1ֆkg ugՅֆ] սֆ/Օֆ< yf? / ժլ:nd հլտսֆ nլս սֆֆ լցցֆ(Օֆ ցցցֆ սֆ/Օֆ	@)&%=:!)=:!	ցկֆնսֆ] ; կքց հֆ/լ eՓկ15 լցհժտլ ; յֆ քղ, @)^\$(սֆ]bկրֆ & սֆ]քbկրֆ -& ժֆ սց}; շֆլց ցeՓսֆ] / ; Ն]սցց լյ :yֆkg ugլ u/լ ցցօ սց}ցօֆ սցց հֆ/լ e} g; սՅֆ]սֆ/Օֆn] ; Ն]ss}Joյ :yֆ ցց?k օ; ցֆլս յ յիղ լյ 1ֆkg ul/Փսֆ] .	@)&%=:!)=:!\$
@=	ցլժ lu/լ, ցֆօֆ; ք= սֆ] տկմֆ6	վհ լյ շյ լյ Բնօսֆ] քրր լշլֆ ցղտսֆ] շլլֆ կժֆֆկqx?սֆ] ; ժսլտֆ ; Ծaցլ ժֆօտֆ af/]	@)&%=:!)=:!&	լցեյց լյ շյ լյ Բնֆֆ6 ; ժսլտֆ կֆտ u/Յֆ շլլֆ օղտֆնֆօ{ կժֆֆկqx?նֆօ{ ցֆօֆաֆ6 կֆսզց xց] լյ 1ֆkgժֆ b/vf:t լbց] կժֆղցn] ժֆօտֆ կժֆց ul/թ} ցֆՓսֆ] .	@)&%=:!)=:!@!
#=	8ֆ= 3ժցլ; x v8սֆ, Տօֆկ; կժվ, յցղյ/ Տօֆկ;	ցֆօֆլն] լնլվտ / ցղտյֆֆֆ կֆտ u/Յֆ] կֆտֆ° սֆ] լյյ/Օֆ քկնաւ u/ֆց]; Ծaցլ ժֆ s]s:տֆ] Joյ :yֆ 5 <	@)&%=:!)=:!%	ցղտյֆֆֆ ; լժժլտ JoլՕմ] ցլտֆ կֆսզց eՓսֆ] լժլտն]& -; ft_ լbց կ15 & -; ft_ լbց ; ժժ ; ժալտ JoլՕմ] ցֆկղց] շհ կֆտֆ° xց{; Տց] Joյ :yֆ /xՅֆ] .	@)&%=:!)=:!@!
\$=	; լzn կց / ցֆ/ֆօֆ ցֆղ, նֆՅֆտ/ 86sd, sk08ֆի	ցֆօֆլսֆ] ց֪ժժֆ /xՅֆ] ; յֆ/լ ; ֆց / կժլստֆ] լյյ/Օֆ ժֆ	@)&%=:!)=:!@)%	լյյ/Օֆ քկնաւ u/ֆօՓսֆ]	@)&%=:!)=:!@)%