

Paper II: Technical Subject

1. Internal Medicine
 - 1.1. Management of Common Diseases Prevalent in Nepal.
 - 1.1.1. Common diseases of respiratory system.
 - 1.1.2. Common diseases of GI System.
 - 1.1.3. Common diseases of cardiovascular system.
 - 1.1.4. Common diseases of nervous system.
 - 1.1.5. Common diseases of genitourinary system.
 - 1.1.6. Common diseases of blood and lympho-reticular system.
 - 1.1.7. Common endocrine and metabolic disorders.
 - 1.1.8. Common diseases of skin.
 - 1.1.9. Common diseases of bones, joints and collagen.
 - 1.1.10. Common disease of electrolyte imbalance.
 - 1.1.11. Common mental disorders.
 - 1.1.12. Common vector borne diseases.
 - 1.2. Management of Common Medical Emergencies.
2. General Surgery
 - 2.1. Swellings
 - 2.2. Ulcers
 - 2.3. Bleeding disorders
 - 2.4. Traumas
 - 2.5. Shock
 - 2.6. Common surgical GI disorders
 - 2.7. Common surgical hepatobiliary disorders
 - 2.8. Common surgical genitourinary disorders
 - 2.9. Common ENT disease
 - 2.10. Common ophthalmic diseases
 - 2.11. Common dental diseases
 - 2.12. Common surgical emergencies
3. Paediatrics
 - 3.1. Nutritional and development status of child
 - 3.2. Growth disorders
 - 3.3. Nutritional deficiencies
 - 3.4. Diarrhoeal disorders
 - 3.5. Respiratory infections
 - 3.6. Paediatric emergencies
 - 3.7. Immunization schedule
4. Gynaecology and Obstetrics
 - 4.1. Management of common obstetrical and gynaecological problems

लोक सेवा आयोग

नेपाल स्वास्थ्य सेवा, जनरल हेल्थ सर्भिसेज समूह, एघारौं (११) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- 4.1.1. Common menstrual problems
- 4.1.2. Abdominal/pelvic swellings
- 4.1.3. Vaginal discharges
- 4.1.4. Uterus prolapse
- 4.1.5. Urinary incontinence
- 4.1.6. Gynaecological causes and management of abdominal pain
- 4.2. Management of Pregnancy
 - 4.2.1. ANC
 - 4.2.2. Normal labour and delivery
 - 4.2.3. Delayed and obstructed labour
 - 4.2.4. Foetaldistress
 - 4.2.5. PPH
 - 4.2.6. retained placenta
 - 4.2.7. NC
 - 4.2.8. Comprehensive abortion care (CAC)
 - 4.2.9. Post abortion care (PAC)
 - 4.2.10. Safe abortion
5. Medical Jurisprudence, Forensic Medicine:
 - 5.1. Duties and rights of medical practitioner
 - 5.2. Hippocratic oath and Geneva declaration
 - 5.3. Malpractice and medical negligence
 - 5.4. Medicolegal cases
 - 5.5. Autopsy
6. Disaster Management
 - 6.1. Mass casualty management: man made and natural disasters
 - 6.2. Basic elements of disaster planning
 - 6.3. TRIAGE, management and evaluation of relief works
 - 6.4. Role of GOS, NGOs and other related national and international organizations in disaster management
 - 6.5. Epidemics and outbreak management
7. Hospital infection control
 - 7.1. Infection prevention
 - 7.2. Quality assurance (QA)
 - 7.3. Total quality management (TQM)