

**Paper II: Technical Subject**

1. Specific content on Job related activities in Nursing
  - 1.1. Types and use of theories and models in nursing
  - 1.2. History of nursing in Nepal
  - 1.3. Aim Nursing
  - 1.4. Principle of Nursing
  - 1.5. Trends and issues in Nursing
  - 1.6. Methods of empowering using Leadership
  - 1.7. Communication management
  - 1.8. Guidance and Counseling in nursing
  - 1.9. Public relation in Nursing
  - 1.10. Nursing personnel management
  - 1.11. Risk management in nursing.
  - 1.12. Disaster/mass causality management
  - 1.13. Problem and stress management in nursing
  - 1.14. Equipment/supplies management.
  - 1.15. Nursing budget management.
  - 1.16. Nursing record and report
  - 1.17. Job description of various categories of nursing personnel
  - 1.18. Process of conducting nursing In-service education/Education programme.
2. Education (Health Education)
  - 2.1. Identification of learning need of personnel
  - 2.2. Planning of short and long term educational programme in nursing
  - 2.3. Implementation of educational programme.
  - 2.4. Monitoring supervision of educational programme.
  - 2.5. Evaluation of short term and long term educational programme
  - 2.6. The educational programme for clients, family community.
3. Recording and Reporting
  - 3.1. Nursing staff, Leaves confidential report
  - 3.2. Hospital record
  - 3.3. In-service education, research activities
  - 3.4. Infection control nursing service activities
  - 3.5. Inventories
  - 3.6. Attendance
4. General health problems related to each body system throughout life term
  - 4.1. New born
  - 4.2. Infant
  - 4.3. Todler
  - 4.4. School Children
  - 4.5. Adolescence reproductive health
  - 4.6. Young adult hood
  - 4.7. Adult hood
  - 4.8. Early and late middle aged

## लोक सेवा आयोग

नेपाल स्वास्थ्य सेवा, जनरल नर्सिङ्ग समूह, एघारौं (११) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- 4.9. Elderly
- 4.10. Each body system problems
- 4.11. Infective
- 4.12. Medplastic
- 4.13. Degenerative change
- 4.14. Musculo skeletal system
- 4.15. Nervous system
- 4.16. Respiratory
- 4.17. Circulatory cardio vascular
- 4.18. Genito urinal system
- 4.19. Gastrointestinal system
- 4.20. Endocrinal system
- 4.21. Reproductive system Male/Female
5. Midwifery
  - 5.1. Antenatal care
  - 5.2. Natal and Intra natal
  - 5.3. Post natal
  - 5.4. Comprehensive abortion care
  - 5.5. Post abortion care
  - 5.6. Legalization of abortion
  - 5.7. Safe abortion policies and strategies
  - 5.8. Family reproductive health
  - 5.9. Gender mainstreaming in health
6. Indicators
  - 6.1. Health indicators
  - 6.2. Demography/Socio-cultural
  - 6.3. Socioeconomic
  - 6.4. Reproductive health indicators
  - 6.5. Population Dynamic
7. Mental health problem in Nepal
  - 7.1. Preventive, Promotive and Rehabilitative aspects.
  - 7.2. Drug abuse
  - 7.3. HIV/AIDS
  - 7.4. Alcoholism
8. Nursing Research
  - 8.1. Purpose of nursing research
  - 8.2. Scope of Nursing research
  - 8.3. Area/elements of Nursing research
  - 8.4. Components and research proposal