

Paper II: Technical Subject

1. Introduction to Community Health Nursing

- 1.1 Historical development of community health and community health nursing
- 1.2 Current status, trends and challenges in community health nursing
- 1.3 Philosophy, aims, objectives, concepts, principles and functions of community health nursing
- 1.4 Scope of community health nursing practice
- 1.5 Extended and expanded role of community health nurse: Inter-sectoral communication, coordination and collaboration, public private partnership
- 1.6 Socio-cultural and political issues in community health nursing
- 1.7 Nursing care of specialized groups: children, adolescents, adults, women, elderly, physically and mentally challenged, and urban, rural population

2. Theories and Models in Community Health Nursing

- 2.1 Health Illness continuum
- 2.2 Iceberg theory
- 2.3 Precede-proceed model
- 2.4 Diffusion of innovations theory
- 2.5 Theory of health belief
- 2.6 Theory of reasoned action
- 2.7 Roger's adaptation theory
- 2.8 Friere's theory of empowerment
- 2.9 Lewin's theory of change

3. National Health Programmes

- 3.1 MDGP/ Sustainable development beyond 2015
- 3.2 Primary health care
- 3.3 CDD/ARI programme
- 3.4 De-worming programme
- 3.5 Vitamin A programme
- 3.6 Oral health programme
- 3.7 Mental health programme
- 3.8 Expanded programme on immunization
- 3.9 Safe motherhood programme
- 3.10 FCHV programme
- 3.11 MCH outreach clinic / mobile health clinic
- 3.12 Community drug programme
- 3.13 School health programme
- 3.14 Adolescent health
- 3.15 Occupational health

4. Epidemiology and Community Health Nursing

- 4.1 Epidemiological theories and approaches
- 4.2 Vital statistics: Morbidity, mortality and health indicators
- 4.3 Concept of disease causation and screening
- 4.4 Communicable and non-communicable diseases
- 4.5 Emerging and reemerging diseases
- 4.6 Role of community Health Nurse in epidemiology

5. Reproductive Health

- 5.1 Components of reproductive health
- 5.2 Maternal health programs launched by the government of Nepal
- 5.3 Sexual and reproductive health issues
- 5.4 Sub fertility and Infertility
- 5.5 Unsafe sex, gender-based violence
- 5.6 Women's status and women empowerment
- 5.7 National strategies
- 5.8 Role/Important in professional midwives

6. Nutrition and Health

- 6.1 Assessment of nutritional status
- 6.2 Socio-cultural aspects of nutrition
- 6.3 Nutritional requirement in different stages of life:
- 6.4 Nutritional disorders: PEM and micronutrient deficiency
- 6.5 Nutritional programs:
- 6.6 Food quality: Food hygiene, food production, food fortification, food adulteration and legislation
- 6.7 Food-borne and milk-borne diseases
- 6.8 Role of community health nurse

7. Population Dynamics and Control

- 7.1 Demography
- 7.2 Theories of population
- 7.3 Population pyramid of Nepal and its implication on health, health planning and health utilization
- 7.4 National population policy
- 7.5 National population programmes
- 7.6 Population control and related programmes

8. Maternal and Child Health

- 8.1 CB-IMCI
- 8.2 SBA policy and modules
- 8.3 Family planning methods

9. Mental Health

10. Geriatric Health

11. Community Health Care Management

- 11.1 Standards, protocols, policies and procedures
- 11.2 Nursing audit
- 11.3 Staffing, supervision and monitoring
- 11.4 Performance appraisal
- 11.5 Job description of different categories of personnel in community health
- 11.6 Evaluation of community health programmes

12. Education

- 12.1 Identification of learning need of personnel
- 12.2 In service education: planning, implementation and evaluation
- 12.3 Planning of short term and long term educational programme in nursing
- 12.4 Implementation of educational programme, midwifery education human resources of health (HRH)
- 12.5 Monitoring and supervision of educational programme
- 12.6 Evaluation of short term and long term educational programme
- 12.7 Educational programme for coworkers, individuals, family and community

13. Recording and Reporting

- 13.1 Nursing staff leaves
- 13.2 Confidential report
- 13.3 Hospital and community based health activities report and record
- 13.4 Logistic record and report
- 13.5 Inventories
- 13.6 Attendance

14. Nursing Research

- 14.1 Purpose and significance of research in community health nursing
- 14.2 Steps research of nursing
- 14.3 Principles and components of research proposal
- 14.4 Components of research report
