

लोक सेवा आयोग
नेपाल स्वास्थ्य सेवा, हेल्थ इन्स्पेक्सन समूहको सातौँ तहको खुला तथा आन्तरिक प्रतियोगितात्मक लिखित
परीक्षाको पाठ्यक्रम
द्वितीय पत्र - हेल्थ इन्स्पेक्सन सम्बन्धी

Section A- 30 Marks

- 1 Health Policies Issues 10%**
- 1.1 National Health Policy 1991
 - 1.2 Current National Population Policy
 - 1.3 Second Long Term Health Plan (1997-2017)
 - 1.4 Health Sector in Current Five Year Plan
- 4 Health Issues and Regulations 20%**
- 4.1 Health act, 2053 and Health regulation, 2054
 - 4.2 Current financial administration regulation
 - 4.3 Local governance and decentralization in health
 - 4.4 Health and human right
 - 4.5 Professional council and related regulations
 - 4.6 Ethical issues in health

Section B- 30 Marks

- 2 Introduction, Objectives, Strategies, Targets and Current Status of National Health programs 30%**
- 2.1 Family Planning, Safe Motherhood, Immunization Program, Nutrition, Integrated management of Childhood illness (IMCI), Malaria, Tuberculosis, Leprosy, Sexually transmitted Infections (STI) and HIV/AIDS
 - 2.2 National health training center: basic, refresher and other continuous medical education programme
 - 2.3 National Health Education Information and Communication Center: Critical over view of functions and roles
 - 2.4 Development of District Health Profiles
 - 2.5 Female Community Health Volunteers Programme (FCHV)
 - 2.6 Primary Health Care Out-reach Programme (PHC-ORC)
 - 2.7 Disaster Management and Early Warning Reporting System(EWARS)
 - 2.8 Health Sector Reform Program: Strategy and planning programs
 - 2.9 Health Economics and Financing Unit (HEFU)
 - 2.10 Health Management Information System (HMIS)
 - 2.11 Logistic Management Information System (LMIS)
 - 2.12 Human Resource Information Center (HURIC)

Section C- 20 Marks

- 3 Management of Public Health Programme in the District with Special Reference to 20%**
- 3.1 Family Planning, Safe Motherhood, Immunization Program, Nutrition, Integrated management of Childhood illness (IMCI), Malaria, Kala-azar, J.E. and other Vector borne diseases, Tuberculosis, Leprosy, Sexual transmission diseases (STD) and HIV/AIDS.
 - 3.2 Training activities in the district;
 - 3.3 Health education, information and communication activities in the District
 - 3.4 Management of Camps

Section D- 20 Marks

5 Management Issues in Nepal Health Services 20%

- 5.1 Personnel management: concept, principles, nature
- 5.2 Human resource management: concept, functions and different aspects
- 5.3 Community organization: Concepts, principles and process
- 5.4 Supervision, monitoring and evaluation of health care system: Principles, practice and importance
- 5.5 Inter and intra-sectoral coordination in health services
- 5.6 Indigenous and traditional health care system including Ayurveda and other system: Concepts, status and their analytical study
- 5.7 Analytical study of organizational structure of Ministry of Health and Population and functions

द्वितीय पत्रहरूका एकाइहरूबाट सोधिने प्रश्नसंख्या निम्नानुसार हुनेछ :

द्वितीय पत्रका खण्ड	A		B	C	D
द्वितीय पत्रका एकाई	1	4	2	3	5
प्रश्न संख्या	1	2	3	2	2

विषयगत नमूना प्रश्नहरू (Sample questions)

1. Discuss briefly the objectives and strategies of second long term health plan (1997-2017). 10
2. Write the objective, strategy, targets and current status of Tuberculosis programme of Nepal. 10
3. What is early warning reporting system (EWARS)? Discuss its importance and applications. 10

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परीक्षाको पाठ्यक्रम
नेपाल आर्थिक योजना तथा तथ्याङ्क, इन्जिनियरिङ्ग, कृषि, वन, विविध र शिक्षा सेवाका सबै समूह/उपसमूह,
राजपत्रांकित तृतीय श्रेणी र एवं स्वास्थ्य सेवाको सातौँ र आठौँ तहका पदहरूमा
प्रथम चरणको लिखित परीक्षाबाट छनौट भएका उम्मेदवारहरूलाई मात्र
लिइने सामूहिक परीक्षण (Group Test) को लागि

सामूहिक छलफल (Group Discussion)

यस प्रयोजनको लागि गरिने परीक्षण १० पूर्णाङ्क र ३० मिनेट अवधिको हुनेछ जुन नेताविहिन सामूहिक
छलफल (Leaderless Group Discussion) को रूपमा अवलम्बन गरिने छ। दिइएको प्रश्न वा Topic का
विषयमा पालैपालोसँग निर्दिष्ट समयभित्र समूहबीच छलफल गर्दै प्रत्येक उम्मेदवारले व्यक्तिगत प्रस्तुति
(Individual Presentation) गर्नु पर्नेछ। यस परीक्षणमा मूल्याङ्कनको लागि देहाय अनुसारको ३ जना भन्दा
बढीको समिति रहनेछ।

आयोगका सदस्य	-	अध्यक्ष
आयोगका सदस्य	-	सदस्य
मनोविज्ञ	-	सदस्य
दक्ष/विज्ञ (१ जना)	-	सदस्य

सामूहिक छलफलमा दिइने नमुना प्रश्न वा Topic

उदाहरणको लागि - उर्जा संकट, गरीबी निवारण, स्वास्थ्य बीमा, खाद्य सुरक्षा, प्रतिभा पलायन जस्ता Topics
मध्ये कुनै एक Topic मात्र दिइनेछ।